1  
00:00:01,280 --> 00:00:02,040  
同学们好啊  
  
2  
00:00:02,120 --> 00:00:04,240  
我们继续接着聊虐病  
  
3  
00:00:05,480 --> 00:00:05,680  
呃  
  
4  
00:00:06,080 --> 00:00:06,800  
上节课呢  
  
5  
00:00:06,800 --> 00:00:11,750  
咱们讲了虐病的基本的病机啊  
  
6  
00:00:11,910 --> 00:00:13,070  
那么刚才课后呢  
  
7  
00:00:13,070 --> 00:00:15,590  
也有同学跟我呃问了一个问题啊  
  
8  
00:00:15,710 --> 00:00:16,910  
那么再次解释一下  
  
9  
00:00:16,910 --> 00:00:18,350  
可能有的同学没听清楚  
  
10  
00:00:18,830 --> 00:00:21,280  
刚才说这个虐病自愈的事对吧  
  
11  
00:00:21,280 --> 00:00:24,200  
就是靠免疫力自愈的事，说15日愈不差者  
  
12  
00:00:24,560 --> 00:00:26,680  
然后学生说了说跃进是啥意思啊  
  
13  
00:00:26,880 --> 00:00:27,640  
再次解释一下  
  
14  
00:00:27,640 --> 00:00:30,190  
怕大家没听清，就是一个月的意思  
  
15  
00:00:30,790 --> 00:00:31,790  
那为啥是一个月  
  
16  
00:00:32,030 --> 00:00:35,050  
我再次说一下，所谓15天是啥呢  
  
17  
00:00:35,490 --> 00:00:36,650  
一猴为5日  
  
18  
00:00:36,730 --> 00:00:38,330  
三候为一气对吧  
  
19  
00:00:38,490 --> 00:00:41,600  
一年24节气，那么一个月代表什么  
  
20  
00:00:41,800 --> 00:00:43,280  
其实这个就反映了一个问题  
  
21  
00:00:43,280 --> 00:00:46,080  
因为疟原虫在人体的生长生发  
  
22  
00:00:46,120 --> 00:00:47,880  
它也有它自己固定的周期  
  
23  
00:00:48,360 --> 00:00:51,520  
那么人体在跟它达成一个协调  
  
24  
00:00:52,000 --> 00:00:54,640  
乃至于把它清理掉，也需要一个周期  
  
25  
00:00:54,640 --> 00:00:55,560  
这一个周期呢  
  
26  
00:00:55,840 --> 00:00:58,860  
由从从这个文献上来看  
  
27  
00:00:59,580 --> 00:01:01,380  
从我们金匮要略的那个论述来看  
  
28  
00:01:01,380 --> 00:01:02,380  
他说的很简单  
  
29  
00:01:02,580 --> 00:01:04,220  
也就是跟地月关系  
  
30  
00:01:04,580 --> 00:01:08,960  
也就是月球公转这个中公转周期是吻合的  
  
31  
00:01:09,240 --> 00:01:13,400  
那么至于为什么，其实我们观察到很多地球上的生物  
  
32  
00:01:13,720 --> 00:01:18,350  
它的生长周期跟月亮的潮汐啊  
  
33  
00:01:18,390 --> 00:01:20,230  
月亮引起的潮汐它关系也很大  
  
34  
00:01:20,470 --> 00:01:22,830  
所以在这呢，我不过多的解释啊  
  
35  
00:01:22,830 --> 00:01:24,550  
我们就是讲一个虐病的事啊  
  
36  
00:01:24,750 --> 00:01:25,510  
不多说了  
  
37  
00:01:27,230 --> 00:01:28,110  
那么后头呢  
  
38  
00:01:28,430 --> 00:01:32,550  
咱们接着看底下的条文是月阴气孤绝  
  
39  
00:01:32,590 --> 00:01:33,430  
阳气独发  
  
40  
00:01:33,510 --> 00:01:35,430  
那么阳气独发就是阳正了对吧  
  
41  
00:01:36,020 --> 00:01:40,540  
则热而少气烦怨，手足热而欲呕  
  
42  
00:01:41,160 --> 00:01:41,840  
名曰什么呢  
  
43  
00:01:41,840 --> 00:01:42,600  
名曰胆虐  
  
44  
00:01:43,160 --> 00:01:45,080  
那么他这首先说了，有一种虐呢  
  
45  
00:01:45,080 --> 00:01:46,480  
是特别热的啊  
  
46  
00:01:46,920 --> 00:01:49,720  
什么叫阴气固绝，阳气独发呀  
  
47  
00:01:49,720 --> 00:01:51,200  
也就是一个素体阴虚之人  
  
48  
00:01:51,920 --> 00:01:53,080  
他在得了疟病之后  
  
49  
00:01:53,080 --> 00:01:56,640  
他会以一个阳盛的表现，非常简单  
  
50  
00:01:56,640 --> 00:01:58,600  
平时这人就上火阴亏，对吧  
  
51  
00:01:58,880 --> 00:02:01,280  
他得这个之后肯定要从很从热化啊  
  
52  
00:02:02,080 --> 00:02:03,240  
若但热不寒者  
  
53  
00:02:03,680 --> 00:02:04,840  
邪气内舍于心  
  
54  
00:02:04,960 --> 00:02:06,000  
外舍于分肉之间  
  
55  
00:02:06,120 --> 00:02:07,120  
令人消瘦  
  
56  
00:02:07,120 --> 00:02:08,280  
肌肉什么意思  
  
57  
00:02:08,280 --> 00:02:09,280  
就这样的人啊  
  
58  
00:02:09,630 --> 00:02:11,910  
一旦着了邪气之后邪气  
  
59  
00:02:12,070 --> 00:02:14,990  
那我们说心为阳中之至阳啊  
  
60  
00:02:15,150 --> 00:02:16,230  
那么阳中之阳嘛  
  
61  
00:02:16,620 --> 00:02:17,540  
那么他一定是  
  
62  
00:02:17,740 --> 00:02:19,060  
而且心有主血脉  
  
63  
00:02:19,890 --> 00:02:21,170  
那么就是内藏于心  
  
64  
00:02:21,170 --> 00:02:21,930  
外舍分肉  
  
65  
00:02:22,490 --> 00:02:24,410  
这个人一定会迅速的消瘦  
  
66  
00:02:24,770 --> 00:02:25,770  
那肯定是这样啊  
  
67  
00:02:26,290 --> 00:02:27,970  
但是至于咋治，这没说啊  
  
68  
00:02:29,020 --> 00:02:31,700  
后头他这个分型三种，胆虐  
  
69  
00:02:31,700 --> 00:02:32,780  
温虐和母虐啊  
  
70  
00:02:32,780 --> 00:02:33,660  
第二种是温虐  
  
71  
00:02:34,660 --> 00:02:35,780  
温虐者是什么呢  
  
72  
00:02:36,220 --> 00:02:40,640  
叫其脉如平身无寒淡热  
  
73  
00:02:40,760 --> 00:02:43,020  
那么这是温的特点吧，啊  
  
74  
00:02:43,020 --> 00:02:46,380  
咱们讲太阳病发热而渴不恶寒者，为温病啊  
  
75  
00:02:46,380 --> 00:02:47,300  
那温是啥意思  
  
76  
00:02:47,300 --> 00:02:48,500  
就是但热不寒啊  
  
77  
00:02:48,980 --> 00:02:49,860  
但有一个事啊  
  
78  
00:02:50,300 --> 00:02:52,600  
骨节疼烦，骨头节儿疼  
  
79  
00:02:53,200 --> 00:02:54,160  
那么呃  
  
80  
00:02:54,440 --> 00:02:56,480  
我们有很多啊，论述这个虐  
  
81  
00:02:56,480 --> 00:02:58,800  
尤其说他的那个往复周期  
  
82  
00:02:58,880 --> 00:03:00,240  
2日虐，3日虐虐  
  
83  
00:03:00,240 --> 00:03:00,600  
对吧  
  
84  
00:03:00,880 --> 00:03:04,000  
我们习惯从那个营卫的那个分合  
  
85  
00:03:04,240 --> 00:03:06,320  
从那个角度去理解它的周期  
  
86  
00:03:06,770 --> 00:03:08,250  
呃，我过去讲课呀  
  
87  
00:03:08,450 --> 00:03:09,010  
风格呢  
  
88  
00:03:09,010 --> 00:03:11,810  
一般来说可能会把一个问题啊拆的非常细啊  
  
89  
00:03:11,890 --> 00:03:12,490  
赢和卫呢  
  
90  
00:03:12,490 --> 00:03:14,450  
我给你都都都讲一讲  
  
91  
00:03:14,740 --> 00:03:17,100  
呃，现在看状态有的特殊问题呢  
  
92  
00:03:17,100 --> 00:03:18,020  
我们也说一下  
  
93  
00:03:18,020 --> 00:03:19,660  
但虐病我特意没说  
  
94  
00:03:20,180 --> 00:03:21,340  
就是怕给大家说晕  
  
95  
00:03:21,700 --> 00:03:23,180  
所以我就举了三要素  
  
96  
00:03:23,180 --> 00:03:25,300  
第一大暑，大暑舍于赢  
  
97  
00:03:25,660 --> 00:03:27,960  
第二呢，凑李伤于寒啊  
  
98  
00:03:27,960 --> 00:03:28,520  
第三呢  
  
99  
00:03:28,760 --> 00:03:30,200  
秋敢于风，对吧  
  
100  
00:03:30,600 --> 00:03:32,080  
就是三要素，呃  
  
101  
00:03:32,850 --> 00:03:34,370  
暑寒和风  
  
102  
00:03:34,370 --> 00:03:35,410  
风就是虫嘛，对吧  
  
103  
00:03:35,730 --> 00:03:37,160  
就三个东西，呃  
  
104  
00:03:37,160 --> 00:03:37,920  
但这块呢  
  
105  
00:03:38,400 --> 00:03:41,600  
你从这个看，你就会发现它比较简单了  
  
106  
00:03:41,600 --> 00:03:44,200  
那么这个温虐，首先它是一个热虐  
  
107  
00:03:44,740 --> 00:03:46,300  
但在热中它有寒象  
  
108  
00:03:46,620 --> 00:03:47,980  
因此治疗怎么说  
  
109  
00:03:48,420 --> 00:03:51,620  
所谓但热不寒为白虎汤之政治对吧  
  
110  
00:03:52,230 --> 00:03:53,950  
那么这个就没有任何问题了  
  
111  
00:03:54,110 --> 00:03:55,870  
但是为啥骨节还腾繁呢  
  
112  
00:03:55,870 --> 00:03:56,590  
原因很简单  
  
113  
00:03:56,990 --> 00:04:03,570  
我们之前讲这个凑理开发之后是不是那个寒气刻入啊  
  
114  
00:04:04,090 --> 00:04:05,410  
那不就寒克于骨节嘛  
  
115  
00:04:05,410 --> 00:04:05,690  
对吧  
  
116  
00:04:05,730 --> 00:04:07,830  
因此说怎么办啊  
  
117  
00:04:07,830 --> 00:04:08,950  
那就一个硅脂啊  
  
118  
00:04:09,590 --> 00:04:10,590  
这个这个解机嘛  
  
119  
00:04:10,990 --> 00:04:14,490  
硅脂解基食藕白虎加人参汤  
  
120  
00:04:14,690 --> 00:04:15,410  
那么这张方呢  
  
121  
00:04:15,410 --> 00:04:18,170  
在临床上我们今天实际上用的也多啊  
  
122  
00:04:18,170 --> 00:04:20,890  
看到这种敢于温之后终有  
  
123  
00:04:22,450 --> 00:04:23,570  
这个风寒之象啊  
  
124  
00:04:23,650 --> 00:04:26,970  
这个一个复方有寒有热，一个复方  
  
125  
00:04:28,610 --> 00:04:28,810  
呃  
  
126  
00:04:28,890 --> 00:04:31,010  
下头呢，有这么一个条文  
  
127  
00:04:31,690 --> 00:04:32,930  
虐多寒者啊  
  
128  
00:04:33,130 --> 00:04:35,090  
虐多寒者名曰母虐  
  
129  
00:04:36,380 --> 00:04:36,580  
呃  
  
130  
00:04:36,860 --> 00:04:39,780  
母虐这个呢，其实就是咱们就知道了  
  
131  
00:04:39,780 --> 00:04:40,900  
我简单说一下  
  
132  
00:04:44,050 --> 00:04:46,130  
在老子道德经中有这么一句话  
  
133  
00:04:46,810 --> 00:04:49,850  
未知牝牡之合，而追作精之至也啊  
  
134  
00:04:49,890 --> 00:04:51,920  
所谓聘是什么呀  
  
135  
00:04:52,680 --> 00:04:55,760  
玄牝之门是谓天地根吧  
  
136  
00:04:56,160 --> 00:04:57,040  
绵绵若存  
  
137  
00:04:58,210 --> 00:04:58,850  
用之不勤  
  
138  
00:05:00,010 --> 00:05:02,010  
你ping就指的是阴的意思  
  
139  
00:05:02,690 --> 00:05:03,650  
母呢指的是羊  
  
140  
00:05:04,250 --> 00:05:04,490  
呃  
  
141  
00:05:04,530 --> 00:05:06,890  
在最古代的时候，它其实比较直观  
  
142  
00:05:07,010 --> 00:05:09,690  
暗指男女是生殖系统啊  
  
143  
00:05:10,110 --> 00:05:12,870  
那么聘指的是是是女子，母呢  
  
144  
00:05:12,870 --> 00:05:14,230  
是男子母  
  
145  
00:05:14,310 --> 00:05:16,910  
按理说主男子的话，他应该是主羊啊  
  
146  
00:05:17,410 --> 00:05:20,530  
但是为啥这儿说了一个虐多寒  
  
147  
00:05:20,570 --> 00:05:22,210  
那怕冷是阴还是阳啊  
  
148  
00:05:23,050 --> 00:05:23,490  
属于阴  
  
149  
00:05:23,890 --> 00:05:24,810  
所以这块呢  
  
150  
00:05:24,850 --> 00:05:27,250  
成为后世医家之争议之处啊  
  
151  
00:05:27,250 --> 00:05:29,770  
有很多人在争论说是否写错了啊  
  
152  
00:05:29,770 --> 00:05:31,570  
说这个pin和母本身长得就像  
  
153  
00:05:31,970 --> 00:05:33,810  
但这块我认为没错  
  
154  
00:05:34,450 --> 00:05:35,210  
原理何在  
  
155  
00:05:35,530 --> 00:05:39,610  
大家还记得我刚刚给大家讲的虐的脉象吗  
  
156  
00:05:39,890 --> 00:05:43,240  
你看看虐多寒  
  
157  
00:05:44,710 --> 00:05:48,750  
所谓母虐他这儿就说了一个一个现象  
  
158  
00:05:50,210 --> 00:05:52,050  
一个现象，一个啥现象呢  
  
159  
00:05:53,050 --> 00:05:57,520  
这个卖啊，它容易是啥样呢  
  
160  
00:05:58,320 --> 00:05:59,680  
脉迟脉迟多寒吧  
  
161  
00:06:00,120 --> 00:06:01,280  
但是底下又说了一个事  
  
162  
00:06:01,280 --> 00:06:01,560  
儿啊  
  
163  
00:06:02,160 --> 00:06:04,600  
浮大者可吐之，看没看见  
  
164  
00:06:07,180 --> 00:06:08,340  
他可能出现兼卖  
  
165  
00:06:09,100 --> 00:06:11,780  
可能出现肩脉，那么可以去涌吐的  
  
166  
00:06:12,570 --> 00:06:13,890  
这个我们就讲病位的事  
  
167  
00:06:14,290 --> 00:06:15,290  
如果虐病呢  
  
168  
00:06:15,290 --> 00:06:18,730  
这个影响的病位主要在于胸膈以上其高者  
  
169  
00:06:18,730 --> 00:06:19,930  
因而越之对不对啊  
  
170  
00:06:20,380 --> 00:06:20,580  
唉  
  
171  
00:06:20,580 --> 00:06:21,700  
再上的话可以吐  
  
172  
00:06:22,060 --> 00:06:25,220  
那么这个时候他会在池中渐见一个浮大值项  
  
173  
00:06:26,290 --> 00:06:30,530  
那么浮大的状态相对于辰小的状态  
  
174  
00:06:31,050 --> 00:06:32,330  
它属于阳还是阴啊  
  
175  
00:06:33,750 --> 00:06:34,150  
属羊  
  
176  
00:06:34,230 --> 00:06:35,550  
所以这块稍稍有点绕  
  
177  
00:06:35,670 --> 00:06:36,510  
其实不绕啊  
  
178  
00:06:37,070 --> 00:06:38,870  
他这个P和母主要是说脉象  
  
179  
00:06:40,300 --> 00:06:41,260  
你从这个角度上来说  
  
180  
00:06:41,260 --> 00:06:42,540  
你就发现一下就通了  
  
181  
00:06:42,540 --> 00:06:43,220  
特别简单  
  
182  
00:06:44,190 --> 00:06:45,950  
用的一方叫暑气散  
  
183  
00:06:46,110 --> 00:06:47,910  
是一个吐法啊，暑气散  
  
184  
00:06:48,350 --> 00:06:50,950  
那么暑期这个我们非常熟啊  
  
185  
00:06:50,950 --> 00:06:52,270  
咱们同学们都不陌生  
  
186  
00:06:52,680 --> 00:06:53,920  
在伤寒论的时候  
  
187  
00:06:53,920 --> 00:06:58,280  
我们桂枝去芍药加暑期牡蛎龙骨救逆汤的时候，咱们就曾经用过  
  
188  
00:06:58,620 --> 00:07:01,180  
那么暑期它主要的特性  
  
189  
00:07:01,460 --> 00:07:03,060  
咱们说它为常山之苗  
  
190  
00:07:04,110 --> 00:07:05,190  
它的味道呢  
  
191  
00:07:05,230 --> 00:07:08,670  
是特别暑期加工的时候得去腥，对吧  
  
192  
00:07:08,670 --> 00:07:10,760  
它味道是很冲的啊，呃  
  
193  
00:07:10,800 --> 00:07:11,880  
冲的话就能涌吐  
  
194  
00:07:12,240 --> 00:07:14,520  
本身呢就能生散涌吐邪气  
  
195  
00:07:14,880 --> 00:07:20,130  
那么用吐法的方式把这个问题解决往上升的  
  
196  
00:07:21,410 --> 00:07:23,570  
呃，与此同时要加云母  
  
197  
00:07:24,010 --> 00:07:24,970  
云母是啥呢  
  
198  
00:07:24,970 --> 00:07:26,930  
咱们知道有一种石头叫阳起石  
  
199  
00:07:26,970 --> 00:07:27,530  
知道吧  
  
200  
00:07:28,120 --> 00:07:29,920  
我们说阳起石出于泰山是吧  
  
201  
00:07:29,920 --> 00:07:31,940  
出于泰岳，那么阳刚之石  
  
202  
00:07:32,260 --> 00:07:35,060  
但是阳起石的那个底座啊  
  
203  
00:07:35,060 --> 00:07:37,020  
我们就讲它叫石矶吧  
  
204  
00:07:37,180 --> 00:07:39,020  
或者叫那个矿脚啊  
  
205  
00:07:39,020 --> 00:07:39,500  
这么讲  
  
206  
00:07:41,270 --> 00:07:44,950  
杨启石，杨启石  
  
207  
00:07:48,020 --> 00:07:49,420  
他这个矿的矿角  
  
208  
00:07:51,260 --> 00:07:51,980  
叫做云母  
  
209  
00:07:52,660 --> 00:07:53,740  
那为啥叫云母呢  
  
210  
00:07:53,860 --> 00:07:56,620  
人们发现有阳起石的地方啊  
  
211  
00:07:57,260 --> 00:07:59,300  
天上多有云气聚散  
  
212  
00:08:00,320 --> 00:08:00,520  
呃  
  
213  
00:08:00,960 --> 00:08:02,520  
这个不是啥违心的东西  
  
214  
00:08:02,560 --> 00:08:05,330  
我们说气候是会受地  
  
215  
00:08:05,570 --> 00:08:07,290  
天和地是互相感应的  
  
216  
00:08:07,730 --> 00:08:09,130  
那你就像沙漠的地方  
  
217  
00:08:09,490 --> 00:08:11,290  
你多有沙漠的气候特征  
  
218  
00:08:11,810 --> 00:08:13,850  
雨林的地方多有雨林的气候特征  
  
219  
00:08:14,210 --> 00:08:16,610  
那么雨林气候也造成了雨林  
  
220  
00:08:16,770 --> 00:08:18,250  
沙漠气候也造成了沙漠  
  
221  
00:08:18,690 --> 00:08:21,770  
所以阴阳天地是互为体用的，对吧  
  
222  
00:08:22,010 --> 00:08:23,010  
它互相为作用  
  
223  
00:08:23,330 --> 00:08:25,650  
那么我们讲这个地上有云母矿  
  
224  
00:08:25,770 --> 00:08:27,930  
古人是观察这东西是为了取向  
  
225  
00:08:28,420 --> 00:08:29,700  
那就说一个山顶上  
  
226  
00:08:29,700 --> 00:08:32,220  
它就这个山顶上云气常年缭绕  
  
227  
00:08:32,539 --> 00:08:32,740  
哎  
  
228  
00:08:32,740 --> 00:08:34,220  
发现这个地方多产云母  
  
229  
00:08:34,460 --> 00:08:34,659  
哎  
  
230  
00:08:34,659 --> 00:08:35,500  
那就发现了啊  
  
231  
00:08:35,580 --> 00:08:36,900  
这个东西跟云彩有关系  
  
232  
00:08:37,289 --> 00:08:39,250  
其实我们可以这样去想啊  
  
233  
00:08:39,250 --> 00:08:40,130  
我们不能迷信  
  
234  
00:08:40,570 --> 00:08:42,570  
那为什么说这种现象多发  
  
235  
00:08:42,929 --> 00:08:47,240  
说明这样的山脉，他的气阳气淤在内  
  
236  
00:08:47,670 --> 00:08:50,910  
那么山顶上满山都是土水木头，对吧  
  
237  
00:08:51,230 --> 00:08:52,590  
那么你阳气淤在里头  
  
238  
00:08:52,630 --> 00:08:54,470  
势必就造成气怎么样啊  
  
239  
00:08:54,950 --> 00:08:55,830  
生散成云  
  
240  
00:08:56,380 --> 00:08:58,940  
那么所以说明这么一个事啊  
  
241  
00:08:59,580 --> 00:09:02,660  
呃，这个云母本身就有一个作用  
  
242  
00:09:02,660 --> 00:09:05,600  
能生发水金之气，对吧  
  
243  
00:09:05,920 --> 00:09:07,800  
使之蒸腾就往上蒸  
  
244  
00:09:08,160 --> 00:09:10,920  
那么它能蒸发，生发水金之气  
  
245  
00:09:11,560 --> 00:09:11,840  
呃  
  
246  
00:09:12,390 --> 00:09:17,190  
暑期又能涌吐，这个方里三味药有两味药是往上走的还是往下走的呀  
  
247  
00:09:17,800 --> 00:09:19,400  
往上走，所以它是一个涌吐剂  
  
248  
00:09:19,400 --> 00:09:22,080  
就是往上涌去涌吐生发的意思啊  
  
249  
00:09:22,400 --> 00:09:23,840  
那么这个多寒的时候  
  
250  
00:09:23,840 --> 00:09:26,210  
我们说那个其脉浮大当兔之  
  
251  
00:09:26,570 --> 00:09:28,090  
他其实讲的是一个什么问题啊  
  
252  
00:09:28,450 --> 00:09:29,970  
邪气闭阻阳翘  
  
253  
00:09:30,370 --> 00:09:31,130  
那么这个人呢  
  
254  
00:09:31,370 --> 00:09:32,850  
那么上焦者阳翘也吧  
  
255  
00:09:33,320 --> 00:09:34,800  
为邪所避，人就多寒  
  
256  
00:09:35,120 --> 00:09:37,240  
但是呢，因势利导  
  
257  
00:09:38,170 --> 00:09:38,890  
想要勇兔  
  
258  
00:09:38,970 --> 00:09:41,890  
那么这个方呢，就是作为一个古方被我们记载下来了  
  
259  
00:09:42,210 --> 00:09:43,930  
但是勇兔太过也不行  
  
260  
00:09:44,400 --> 00:09:45,880  
你还得往回敛着点儿吧  
  
261  
00:09:46,360 --> 00:09:47,120  
用谁脸呢  
  
262  
00:09:47,160 --> 00:09:47,960  
那非常简单  
  
263  
00:09:48,000 --> 00:09:48,360  
龙母  
  
264  
00:09:48,480 --> 00:09:50,330  
哈哈，用用那个龙骨啊  
  
265  
00:09:50,690 --> 00:09:53,050  
用龙骨进去等份啊  
  
266  
00:09:54,130 --> 00:09:56,330  
那么为散散者散也吧  
  
267  
00:09:57,610 --> 00:09:58,610  
后头还说了一个问题  
  
268  
00:09:58,930 --> 00:09:59,650  
温虐咋办  
  
269  
00:10:00,690 --> 00:10:02,970  
加暑期半分  
  
270  
00:10:04,170 --> 00:10:06,170  
呃，那么暑期呢  
  
271  
00:10:06,170 --> 00:10:11,410  
那你说等分的话加半分他就别人都是二比例的  
  
272  
00:10:11,490 --> 00:10:12,930  
暑期变成三比例的了吧  
  
273  
00:10:13,290 --> 00:10:15,170  
加大勇兔的剂量就完事了  
  
274  
00:10:15,170 --> 00:10:16,370  
暑期能勇兔弹火  
  
275  
00:10:17,640 --> 00:10:17,880  
呃  
  
276  
00:10:20,760 --> 00:10:24,680  
那么这个后头有复方你们那也都有吧  
  
277  
00:10:25,250 --> 00:10:26,170  
有这么几张啊  
  
278  
00:10:26,170 --> 00:10:28,850  
外台里头有这个牡蛎散之母略的  
  
279  
00:10:29,050 --> 00:10:31,930  
我刚才给大家讲完之后呢，你肯定就懂了  
  
280  
00:10:32,130 --> 00:10:33,250  
他这也是有升有降  
  
281  
00:10:33,290 --> 00:10:34,250  
哪个是生的呀  
  
282  
00:10:36,020 --> 00:10:37,180  
麻黄还有谁啊  
  
283  
00:10:37,620 --> 00:10:39,060  
暑气哪个是酱的呀  
  
284  
00:10:40,100 --> 00:10:40,540  
断牡蛎  
  
285  
00:10:40,620 --> 00:10:43,700  
所以你你看懂他干啥了你就知道咋办了啊，加甘草  
  
286  
00:10:44,210 --> 00:10:45,170  
呃，这个不多说  
  
287  
00:10:45,550 --> 00:10:48,430  
后头有一个说虐病的时候如果渴咋办  
  
288  
00:10:48,510 --> 00:10:49,190  
包括劳疟  
  
289  
00:10:49,190 --> 00:10:51,510  
劳疟就是虚劳，虚劳兼有虐相吧  
  
290  
00:10:51,950 --> 00:10:54,610  
那么用小柴胡去半夏加瓜蒌根  
  
291  
00:10:54,770 --> 00:10:56,290  
这是一个小柴胡的加减法  
  
292  
00:10:56,690 --> 00:10:57,810  
那么也证明一个问题  
  
293  
00:10:57,810 --> 00:10:58,570  
在古代呢  
  
294  
00:10:58,570 --> 00:10:59,730  
有一些少阳症  
  
295  
00:11:00,120 --> 00:11:04,040  
也可能被当作疟病去归类并且去治疗了  
  
296  
00:11:04,040 --> 00:11:05,000  
这个是有可能的  
  
297  
00:11:05,000 --> 00:11:06,680  
因为少阳症也是往来寒热嘛  
  
298  
00:11:07,230 --> 00:11:11,270  
那么我不管你是疟原虫还是这个外来的相  
  
299  
00:11:11,270 --> 00:11:13,110  
火也好，还是书籍不利也罢  
  
300  
00:11:13,430 --> 00:11:17,640  
总之你最后长在人身上，是人就有六经  
  
301  
00:11:18,160 --> 00:11:18,760  
西方人呢  
  
302  
00:11:18,760 --> 00:11:19,960  
可能他治某种病呢  
  
303  
00:11:19,960 --> 00:11:22,040  
他是把这个病的罪魁祸首找到啊  
  
304  
00:11:22,040 --> 00:11:24,600  
是这个虫子，然后想办法把这虫子杀死  
  
305  
00:11:25,080 --> 00:11:25,720  
中国人呢  
  
306  
00:11:25,720 --> 00:11:26,680  
是我无视你  
  
307  
00:11:27,090 --> 00:11:28,370  
但是我考虑的是什么  
  
308  
00:11:28,370 --> 00:11:30,890  
我自己的六经的开科书啊  
  
309  
00:11:30,890 --> 00:11:32,410  
太阳不开了，我把门推开  
  
310  
00:11:32,850 --> 00:11:34,530  
阳明不合我也不知道谁挡着的  
  
311  
00:11:34,530 --> 00:11:37,010  
反正我一下把它把它把它合上  
  
312  
00:11:37,290 --> 00:11:38,810  
这问题解决了，少阳不舒  
  
313  
00:11:39,130 --> 00:11:40,770  
那么你是人就得有六经  
  
314  
00:11:41,290 --> 00:11:42,530  
有六经我就有房  
  
315  
00:11:43,120 --> 00:11:45,920  
这是中医的一个非常有意思的一个魅力所在  
  
316  
00:11:45,920 --> 00:11:46,120  
啊  
  
317  
00:11:46,720 --> 00:11:46,920  
好  
  
318  
00:11:46,920 --> 00:11:49,240  
我们呃，对你们不用翻了  
  
319  
00:11:49,440 --> 00:11:52,740  
后头还有一个叫虐多寒，有微热  
  
320  
00:11:52,860 --> 00:11:54,680  
其实就是，呃  
  
321  
00:11:54,760 --> 00:11:55,440  
含多热少  
  
322  
00:11:55,560 --> 00:11:56,040  
那咋办  
  
323  
00:11:56,120 --> 00:11:57,760  
小柴胡的一个辩方  
  
324  
00:11:58,200 --> 00:11:59,320  
柴胡桂枝干姜汤吧  
  
325  
00:12:00,000 --> 00:12:01,120  
这个我不解释了  
  
326  
00:12:01,240 --> 00:12:02,000  
非常简单  
  
327  
00:12:02,990 --> 00:12:03,270  
好  
  
328  
00:12:03,350 --> 00:12:05,670  
我们把内容往后翻  
  
329  
00:12:06,760 --> 00:12:08,600  
咱们的下一个章节啊  
  
330  
00:12:08,600 --> 00:12:09,560  
我今天看看  
  
331  
00:12:10,120 --> 00:12:12,040  
呃，能讲一半啊  
  
332  
00:12:12,040 --> 00:12:12,960  
咱们能说一半  
  
333  
00:12:14,760 --> 00:12:14,960  
呃  
  
334  
00:12:15,120 --> 00:12:21,650  
中风历节病脉证并治第五这一部分呢  
  
335  
00:12:22,050 --> 00:12:23,890  
它是包含了两个病  
  
336  
00:12:24,490 --> 00:12:25,490  
一个是中风  
  
337  
00:12:25,810 --> 00:12:29,090  
一个是什么力竭啊，中风和力竭  
  
338  
00:12:30,290 --> 00:12:32,210  
那么这个中风部分呢  
  
339  
00:12:33,830 --> 00:12:36,150  
有这个主方也有辅方啊  
  
340  
00:12:36,150 --> 00:12:37,150  
有主方有辅方  
  
341  
00:12:38,070 --> 00:12:38,270  
额  
  
342  
00:12:39,030 --> 00:12:41,680  
主方三首啊，加上啊  
  
343  
00:12:41,680 --> 00:12:42,600  
加上一个外用啊  
  
344  
00:12:42,600 --> 00:12:45,980  
一共一共那就可以是四首辅方，续命汤  
  
345  
00:12:46,020 --> 00:12:47,900  
我是个人是非常喜欢用啊  
  
346  
00:12:47,900 --> 00:12:51,590  
所以这一节里头有我们有很多可以聊的东西啊  
  
347  
00:12:51,990 --> 00:12:56,230  
那么我将用两个学时把它说完啊，呃  
  
348  
00:12:56,670 --> 00:12:57,870  
两个学时说完  
  
349  
00:12:59,870 --> 00:13:00,070  
呃  
  
350  
00:13:00,470 --> 00:13:03,550  
首先说病机条文，第一条夫封之为病  
  
351  
00:13:03,710 --> 00:13:05,030  
当半身不遂  
  
352  
00:13:06,190 --> 00:13:08,670  
那么这个就涉及到一个问题  
  
353  
00:13:08,710 --> 00:13:12,580  
我们说伤寒论论述伤寒  
  
354  
00:13:12,940 --> 00:13:15,220  
而金匮要略论述杂病  
  
355  
00:13:15,940 --> 00:13:16,620  
伤寒论呢  
  
356  
00:13:16,700 --> 00:13:19,300  
它以风和寒为他的提纲  
  
357  
00:13:19,900 --> 00:13:22,300  
金匮在论述杂病的时候呢  
  
358  
00:13:22,580 --> 00:13:24,790  
那么我们讲内伤啊  
  
359  
00:13:24,790 --> 00:13:25,470  
讲内商呢  
  
360  
00:13:25,830 --> 00:13:28,270  
那么这里头就有一个好玩的事情了  
  
361  
00:13:28,270 --> 00:13:29,510  
很多东西都是不一样的  
  
362  
00:13:29,510 --> 00:13:31,480  
但是有重合，重合  
  
363  
00:13:31,480 --> 00:13:32,160  
重合在哪  
  
364  
00:13:32,160 --> 00:13:33,920  
你看我们这个风就出现了一个问题  
  
365  
00:13:34,240 --> 00:13:36,040  
在伤寒论中中风是啥意思啊  
  
366  
00:13:37,000 --> 00:13:40,580  
桂枝汤症，这个人感受风寒之邪  
  
367  
00:13:40,940 --> 00:13:42,020  
而且以风邪为主  
  
368  
00:13:42,100 --> 00:13:43,340  
风伤尾气，对吧  
  
369  
00:13:43,820 --> 00:13:47,610  
而这个这块的中锋说的是什么  
  
370  
00:13:47,890 --> 00:13:52,490  
你不得不回顾一下灵枢经·九宫八风篇  
  
371  
00:13:53,740 --> 00:13:54,260  
所谓啊  
  
372  
00:13:54,260 --> 00:13:58,500  
我们说人能随四时六气相应之风  
  
373  
00:13:58,700 --> 00:14:00,180  
那是为正风，对吧  
  
374  
00:14:01,040 --> 00:14:03,720  
但是不随46气  
  
375  
00:14:04,610 --> 00:14:08,010  
相应的，这个风从虚空之处来  
  
376  
00:14:08,770 --> 00:14:11,010  
那这个玩意就是贼邪风哈  
  
377  
00:14:11,990 --> 00:14:12,830  
就是贼邪风  
  
378  
00:14:12,870 --> 00:14:14,280  
贼风邪风啊  
  
379  
00:14:14,440 --> 00:14:16,200  
他讲的是一个方位  
  
380  
00:14:16,240 --> 00:14:17,640  
贼风邪风还不一样对吧  
  
381  
00:14:17,800 --> 00:14:18,800  
一个是从背来的  
  
382  
00:14:18,800 --> 00:14:21,860  
一个是从后侧来的那个那个一个一个，从侧面  
  
383  
00:14:22,100 --> 00:14:24,700  
它是有一个角度有差异啊  
  
384  
00:14:24,700 --> 00:14:26,900  
但我们统归为贼邪之风啊  
  
385  
00:14:27,620 --> 00:14:30,460  
所谓呃虚贼邪风避之有时嘛  
  
386  
00:14:30,460 --> 00:14:30,820  
对吧  
  
387  
00:14:32,080 --> 00:14:33,200  
虚邪贼风避之有时  
  
388  
00:14:33,480 --> 00:14:36,240  
那么这个这个风众人啊  
  
389  
00:14:36,240 --> 00:14:41,020  
风治未病，我们讲叫四时八方不正不正之风啊  
  
390  
00:14:41,620 --> 00:14:46,020  
非非不当位不当这个这个不当令之风  
  
391  
00:14:47,640 --> 00:14:49,280  
额，那么说一个最简单的事吧  
  
392  
00:14:49,280 --> 00:14:52,160  
比如说我们夏天，夏天有的时候  
  
393  
00:14:52,760 --> 00:14:54,850  
呃，天热对吧  
  
394  
00:14:54,850 --> 00:14:56,010  
人出大汗凑里开  
  
395  
00:14:56,410 --> 00:14:59,170  
这个时候风啊，应该是东南风  
  
396  
00:15:01,220 --> 00:15:02,380  
甚则是南风对吧  
  
397  
00:15:02,860 --> 00:15:09,640  
但是这个时候偶尔老天人有抽冷子不按规矩的时候  
  
398  
00:15:09,720 --> 00:15:10,720  
老天爷也有  
  
399  
00:15:11,400 --> 00:15:14,160  
有的时候它就出现了从西北前卫而来的风  
  
400  
00:15:15,680 --> 00:15:18,400  
那这个就是在这个当下，他就是肃杀之风  
  
401  
00:15:20,080 --> 00:15:20,280  
哎  
  
402  
00:15:20,640 --> 00:15:22,450  
伤于外，则会什么  
  
403  
00:15:23,130 --> 00:15:24,290  
太阳中风脉浮紧  
  
404  
00:15:24,780 --> 00:15:26,540  
发热恶寒，身疼痛不汗出而烦躁者  
  
405  
00:15:26,540 --> 00:15:30,700  
大青龙汤主治，你没发现大青龙汤症多是夏天出现吗  
  
406  
00:15:32,920 --> 00:15:37,750  
而入于里，则变成这个表里之别啊  
  
407  
00:15:38,070 --> 00:15:39,510  
中风症，它会造成什么  
  
408  
00:15:39,950 --> 00:15:41,190  
当半身不遂  
  
409  
00:15:42,360 --> 00:15:44,240  
所以我们讲叫汗出偏沮  
  
410  
00:15:44,440 --> 00:15:45,080  
使人偏孤  
  
411  
00:15:45,160 --> 00:15:47,920  
因为这种风呢，本身是贼邪支出而来  
  
412  
00:15:48,440 --> 00:15:50,200  
那么这个人啊，有个前提  
  
413  
00:15:50,930 --> 00:15:52,050  
如果身体特别壮  
  
414  
00:15:52,090 --> 00:15:54,530  
咱打个比方，你你吹着一个身体特别健康的人  
  
415  
00:15:54,530 --> 00:15:55,650  
他还不一定中锋吧  
  
416  
00:15:56,510 --> 00:15:58,510  
相反是啥样的人中风呢  
  
417  
00:15:58,510 --> 00:15:59,790  
往往身体比较虚弱  
  
418  
00:16:00,130 --> 00:16:01,410  
虚弱代表什么  
  
419  
00:16:01,410 --> 00:16:02,690  
那么它左右啊  
  
420  
00:16:02,730 --> 00:16:04,970  
人，我们讲左右者阴阳之道路  
  
421  
00:16:05,370 --> 00:16:06,530  
水火者阴阳之征兆  
  
422  
00:16:06,770 --> 00:16:09,340  
那么它左右的气血本身就不平衡  
  
423  
00:16:10,100 --> 00:16:10,780  
有旺盛的  
  
424  
00:16:10,780 --> 00:16:11,740  
有比较虚弱的  
  
425  
00:16:11,940 --> 00:16:13,420  
那他不平衡的时候  
  
426  
00:16:13,580 --> 00:16:15,060  
这人比较虚雷的状态  
  
427  
00:16:15,290 --> 00:16:17,250  
那么它则容易敢于风邪  
  
428  
00:16:17,490 --> 00:16:21,460  
因此，我们在临床上有一个非常简单的方式就能观察出来  
  
429  
00:16:21,460 --> 00:16:23,140  
有很多人他没有中风状态  
  
430  
00:16:23,380 --> 00:16:24,580  
但是你细看啊  
  
431  
00:16:24,930 --> 00:16:26,690  
它会出汗啊  
  
432  
00:16:27,090 --> 00:16:27,970  
出什么汗呢  
  
433  
00:16:28,450 --> 00:16:30,810  
出半身汗就从脑袋这啊，特别齐  
  
434  
00:16:30,810 --> 00:16:32,410  
像刀切一样啊  
  
435  
00:16:32,450 --> 00:16:33,410  
半拉身子出汗  
  
436  
00:16:33,730 --> 00:16:35,850  
其实这种现象你就千万别  
  
437  
00:16:37,000 --> 00:16:38,320  
你别在旁边看热闹了  
  
438  
00:16:38,320 --> 00:16:40,500  
这事马上要中风了，怎么办啊  
  
439  
00:16:40,500 --> 00:16:41,140  
该治啊  
  
440  
00:16:41,380 --> 00:16:42,980  
怎么治一会我们再说啊  
  
441  
00:16:43,340 --> 00:16:44,100  
这时候就该治了  
  
442  
00:16:44,100 --> 00:16:45,900  
包括我在临床上我经常干这事  
  
443  
00:16:46,500 --> 00:16:47,900  
呃，我学生们特别熟  
  
444  
00:16:48,260 --> 00:16:50,420  
有的时候患者一来他治别的病，来的吧  
  
445  
00:16:50,740 --> 00:16:52,100  
我跟他唠着唠着嗑  
  
446  
00:16:52,500 --> 00:16:53,420  
还没等大麦呢  
  
447  
00:16:53,420 --> 00:16:54,020  
我就告诉他  
  
448  
00:16:54,340 --> 00:16:55,860  
我说你要中风了，你知道吗  
  
449  
00:16:56,800 --> 00:16:57,480  
啊，总有吧  
  
450  
00:16:57,480 --> 00:16:58,880  
这种时候几乎我们不说  
  
451  
00:16:58,880 --> 00:17:01,200  
每个月都有起码常见啊  
  
452  
00:17:01,240 --> 00:17:04,200  
这种状现象常见之后跟患者一说  
  
453  
00:17:04,200 --> 00:17:05,119  
患者就吓一跳  
  
454  
00:17:05,400 --> 00:17:08,880  
因为来咱们这患者一般情况下依从度都很高  
  
455  
00:17:08,960 --> 00:17:11,819  
对大夫很信任，我说他也信  
  
456  
00:17:11,819 --> 00:17:14,220  
但是我我我不能吓唬小孩玩，对吧  
  
457  
00:17:14,660 --> 00:17:15,780  
我得跟他讲，为什么  
  
458  
00:17:15,780 --> 00:17:17,099  
我说你自己回去照镜子  
  
459  
00:17:17,599 --> 00:17:20,720  
你看你的那个嘴唇的那个纹路啊  
  
460  
00:17:20,720 --> 00:17:21,640  
或者是眼睛  
  
461  
00:17:21,960 --> 00:17:23,920  
或者是一些细节啊，抬头纹  
  
462  
00:17:24,900 --> 00:17:26,700  
包括你自己有没有123如下  
  
463  
00:17:26,700 --> 00:17:28,099  
这感觉患者一看真有  
  
464  
00:17:28,380 --> 00:17:29,820  
有的还吃饭，还漏水呢  
  
465  
00:17:29,820 --> 00:17:31,860  
自己都不知道咋回事，漏半年了啊  
  
466  
00:17:32,090 --> 00:17:34,210  
这不是上个月就有一例嘛，对吧  
  
467  
00:17:34,850 --> 00:17:36,170  
那么心很大啊  
  
468  
00:17:36,250 --> 00:17:37,610  
但是这种都属于风向  
  
469  
00:17:37,650 --> 00:17:40,090  
只是有的轻有的严重啊  
  
470  
00:17:41,320 --> 00:17:43,520  
之后呢，或弹壁不碎  
  
471  
00:17:44,600 --> 00:17:47,000  
他说这个或者啥样啊，就是手  
  
472  
00:17:47,640 --> 00:17:49,320  
其实这块你也可以引申到脚  
  
473  
00:17:49,990 --> 00:17:53,150  
那我们现在知道呃，急性出血性中风  
  
474  
00:17:53,390 --> 00:17:55,230  
我们现代临床叫脑出血，对吧  
  
475  
00:17:55,870 --> 00:17:58,000  
如果这个人呃命大  
  
476  
00:17:58,240 --> 00:18:00,440  
他没有伤及到脑干啊  
  
477  
00:18:00,720 --> 00:18:03,290  
没有没有死亡啊  
  
478  
00:18:04,290 --> 00:18:08,860  
那那么就留下了这个这个中风的后遗症啊  
  
479  
00:18:09,020 --> 00:18:10,460  
这个比较麻烦  
  
480  
00:18:10,580 --> 00:18:12,500  
需要我们长时间的去调制  
  
481  
00:18:12,980 --> 00:18:14,060  
呃，我有一个朋友呢  
  
482  
00:18:14,060 --> 00:18:16,380  
他也是一位中医爱好者啊  
  
483  
00:18:16,380 --> 00:18:18,140  
他自己用经方用的还挺好  
  
484  
00:18:18,550 --> 00:18:19,390  
呃，有一回呢  
  
485  
00:18:19,390 --> 00:18:20,390  
他给我讲一个真事  
  
486  
00:18:20,470 --> 00:18:21,910  
这个这事他做不了假  
  
487  
00:18:22,350 --> 00:18:24,150  
他就出血，而且是脑干出血  
  
488  
00:18:24,520 --> 00:18:26,120  
他正在晚上在外头那个  
  
489  
00:18:26,120 --> 00:18:29,280  
那时候他晚上熬夜在外头跟朋友在一块呢  
  
490  
00:18:29,600 --> 00:18:33,480  
突然间就觉得这个眼睛看东西模糊  
  
491  
00:18:34,700 --> 00:18:39,340  
之后就感觉身上就是他自己讲，就像没知觉似的  
  
492  
00:18:39,340 --> 00:18:40,620  
然后这之后他啥也不知道了  
  
493  
00:18:40,620 --> 00:18:43,060  
后来送到吉大医院，脑干出血  
  
494  
00:18:43,780 --> 00:18:44,340  
命大呀  
  
495  
00:18:44,340 --> 00:18:48,540  
但是在医院里头，他跟他的助理说说你去给我抓这个房子  
  
496  
00:18:48,540 --> 00:18:50,020  
他自己开了那个私密汤  
  
497  
00:18:51,130 --> 00:18:52,610  
喝完之后后来吸收特别好  
  
498  
00:18:52,610 --> 00:18:53,290  
而且人没死  
  
499  
00:18:53,450 --> 00:18:54,690  
现在没有任何后遗症  
  
500  
00:18:54,930 --> 00:18:55,490  
特别好  
  
501  
00:18:56,010 --> 00:18:58,210  
后来医大的那个主任特别有意思啊  
  
502  
00:18:58,660 --> 00:19:02,860  
就托人托人问他说你吃啥药了，哈哈哈  
  
503  
00:19:03,370 --> 00:19:04,530  
为啥你出院这么快  
  
504  
00:19:04,530 --> 00:19:05,530  
你说很快就好了  
  
505  
00:19:05,570 --> 00:19:07,330  
好了就出院了，不在里头待着啊  
  
506  
00:19:08,170 --> 00:19:08,450  
呃  
  
507  
00:19:09,600 --> 00:19:12,500  
之后讲，但闭不遂此为闭  
  
508  
00:19:12,820 --> 00:19:14,980  
那么我们中医认为这个事呢，他  
  
509  
00:19:15,020 --> 00:19:16,140  
当然他有另一个角度  
  
510  
00:19:16,140 --> 00:19:17,020  
他是认为呢  
  
511  
00:19:17,300 --> 00:19:23,130  
你这个主要的原因是气血、风、寒湿三气杂质课余分肉  
  
512  
00:19:23,590 --> 00:19:25,670  
造成了影尾不能合唱  
  
513  
00:19:26,070 --> 00:19:28,710  
那么身体之不用称之为痹症，对吧  
  
514  
00:19:29,270 --> 00:19:29,470  
哎  
  
515  
00:19:29,470 --> 00:19:30,230  
称之为痹症  
  
516  
00:19:31,070 --> 00:19:33,350  
我们知道这个呢，跟大脑有关  
  
517  
00:19:33,670 --> 00:19:35,430  
那么因为出血性中风之后  
  
518  
00:19:35,790 --> 00:19:39,170  
他的左右半脑某一某一侧受损嘛  
  
519  
00:19:39,650 --> 00:19:42,370  
那么支配身体的这个左侧或右侧出问题  
  
520  
00:19:42,780 --> 00:19:42,980  
呃  
  
521  
00:19:43,060 --> 00:19:45,780  
其实这个呢，我们虽然是现代临床的研究  
  
522  
00:19:45,780 --> 00:19:47,260  
但是你仔细翻内经  
  
523  
00:19:47,260 --> 00:19:49,380  
有很多东西其实是能合得上的啊  
  
524  
00:19:49,900 --> 00:19:52,530  
呃，比如我们的聊刺的思维啊  
  
525  
00:19:52,530 --> 00:19:54,050  
比如我们呃  
  
526  
00:19:55,850 --> 00:19:59,400  
关于这个这个这个，这个血海啊  
  
527  
00:19:59,480 --> 00:20:04,360  
血血份和和气氛的这个论述在这里头都能合得上  
  
528  
00:20:05,210 --> 00:20:05,690  
之后呢  
  
529  
00:20:05,690 --> 00:20:08,170  
说了一个脉象，脉微而硕  
  
530  
00:20:08,210 --> 00:20:08,930  
中风使然  
  
531  
00:20:09,200 --> 00:20:10,800  
这个写的挺真实的啊  
  
532  
00:20:10,800 --> 00:20:12,080  
在临床中很多很多  
  
533  
00:20:12,120 --> 00:20:13,760  
但这个不是急性中风的状态啊  
  
534  
00:20:14,040 --> 00:20:14,520  
后遗症  
  
535  
00:20:14,980 --> 00:20:17,260  
你看这个患者他脉不太好摸摸了之后  
  
536  
00:20:17,580 --> 00:20:19,460  
有的时候脉象特征不是特别明显  
  
537  
00:20:19,920 --> 00:20:20,960  
总有造孽之相  
  
538  
00:20:21,160 --> 00:20:21,880  
但是卖无力  
  
539  
00:20:21,960 --> 00:20:22,920  
他说的是两件事  
  
540  
00:20:22,920 --> 00:20:24,190  
儿V是啥  
  
541  
00:20:24,550 --> 00:20:29,310  
长期的中风之后，人其实会渐渐的进入到一种虚损状态  
  
542  
00:20:29,770 --> 00:20:32,330  
这人你会发现他明明很硬实的一个人啊  
  
543  
00:20:32,770 --> 00:20:33,850  
渐渐的他很虚弱  
  
544  
00:20:34,090 --> 00:20:35,930  
但这种虚弱我告诉你不是一个坏事  
  
545  
00:20:36,720 --> 00:20:39,840  
有的时候中风症其实怕那种特别亢盛  
  
546  
00:20:39,840 --> 00:20:40,720  
尤其老年人  
  
547  
00:20:41,380 --> 00:20:45,980  
那我问你，麦是应该有劲儿好还是还是卖大好还是小好啊  
  
548  
00:20:45,980 --> 00:20:47,060  
其实你得看岁数  
  
549  
00:20:47,690 --> 00:20:50,250  
小孩人的血管弹性度比较高  
  
550  
00:20:50,690 --> 00:20:53,530  
其实这个时候吧，他的脉恰恰是比较细的  
  
551  
00:20:54,450 --> 00:20:54,890  
对不对  
  
552  
00:20:55,250 --> 00:20:57,010  
老年人由于血管没有弹性  
  
553  
00:20:57,010 --> 00:20:59,050  
它的脉反而会很有力量  
  
554  
00:20:59,890 --> 00:21:02,210  
所以你让老年人气血能调和  
  
555  
00:21:02,670 --> 00:21:04,390  
能让他的血管有弹性  
  
556  
00:21:04,670 --> 00:21:05,550  
这是一个好事  
  
557  
00:21:05,550 --> 00:21:06,750  
你让它脉要趋于小  
  
558  
00:21:07,310 --> 00:21:11,270  
相反，年轻人如果年纪轻轻一脉摸脉都摸不着了  
  
559  
00:21:11,930 --> 00:21:13,250  
没有生命力，对吧  
  
560  
00:21:13,490 --> 00:21:15,450  
你让他麦有点根儿有点劲  
  
561  
00:21:15,450 --> 00:21:16,450  
儿，这个是好事  
  
562  
00:21:16,770 --> 00:21:19,610  
我们这个脉微其实他讲的是一个虚损状态  
  
563  
00:21:20,040 --> 00:21:21,480  
那你说一个人中风之后  
  
564  
00:21:21,480 --> 00:21:23,920  
半年之后你一摸它不虚损，那很正常啊  
  
565  
00:21:24,200 --> 00:21:27,260  
我们古人又没有现代人营养这么好啊  
  
566  
00:21:27,260 --> 00:21:28,420  
他虚损非常正常  
  
567  
00:21:28,860 --> 00:21:29,740  
朔代表啥啊  
  
568  
00:21:29,740 --> 00:21:30,460  
代表阳虚  
  
569  
00:21:31,520 --> 00:21:33,920  
但凡有中风的患者都有抑郁症  
  
570  
00:21:33,960 --> 00:21:34,840  
只是表现不同  
  
571  
00:21:35,120 --> 00:21:38,220  
有很多有有高血压，你去看吧  
  
572  
00:21:38,220 --> 00:21:41,420  
有很多那个脑出血中风后遗症患者血压都高  
  
573  
00:21:41,500 --> 00:21:43,060  
长期得附加药控制  
  
574  
00:21:43,300 --> 00:21:43,740  
为什么  
  
575  
00:21:44,020 --> 00:21:45,220  
因为他气血在左右  
  
576  
00:21:45,220 --> 00:21:47,000  
不能很好的流通，心脏  
  
577  
00:21:47,040 --> 00:21:48,160  
一直在工作  
  
578  
00:21:48,200 --> 00:21:49,920  
比如说我的输出都是100  
  
579  
00:21:50,450 --> 00:21:52,290  
但是我留到这儿留一半，对吧  
  
580  
00:21:52,290 --> 00:21:53,730  
这50进去了  
  
581  
00:21:53,730 --> 00:21:56,720  
这50留到这一半，气血不能通达  
  
582  
00:21:57,560 --> 00:21:58,560  
他就淤住了吧  
  
583  
00:21:59,000 --> 00:22:01,400  
而且再加上身体的现状  
  
584  
00:22:02,020 --> 00:22:05,380  
以前呢，生龙活虎的到哪去玩那么一下呢  
  
585  
00:22:05,780 --> 00:22:06,860  
到这种状态里  
  
586  
00:22:07,230 --> 00:22:08,710  
呃，心情不好啊  
  
587  
00:22:08,830 --> 00:22:11,110  
那这个我们就非常容易理解  
  
588  
00:22:11,350 --> 00:22:12,710  
所以这个时候一定有郁症  
  
589  
00:22:13,790 --> 00:22:14,070  
呃  
  
590  
00:22:15,300 --> 00:22:17,660  
那么后头呢，又讲了一个  
  
591  
00:22:18,940 --> 00:22:19,220  
呃  
  
592  
00:22:20,110 --> 00:22:22,350  
相对来说啊，是是急性期的啊  
  
593  
00:22:22,350 --> 00:22:24,030  
相对来说你看刚才那个虚损状态  
  
594  
00:22:24,030 --> 00:22:26,750  
这个讲的是斜石的状态的脉象啊  
  
595  
00:22:27,610 --> 00:22:28,530  
所以他这块呢  
  
596  
00:22:28,530 --> 00:22:33,010  
实际上他的文艺是有跳跃的啊，到这又变了寸  
  
597  
00:22:33,010 --> 00:22:33,850  
口脉浮而紧  
  
598  
00:22:34,650 --> 00:22:36,850  
这个在临床上也多见  
  
599  
00:22:36,890 --> 00:22:38,890  
你有的时候看到一些高血压患者一大卖  
  
600  
00:22:39,610 --> 00:22:41,290  
那那麦老有劲儿了对吧  
  
601  
00:22:41,650 --> 00:22:42,690  
一根线儿是吧  
  
602  
00:22:43,170 --> 00:22:45,820  
特别有劲，儿就类似于一种弦像啊  
  
603  
00:22:45,820 --> 00:22:47,740  
类似一种现象，福尔锦呃  
  
604  
00:22:48,180 --> 00:22:49,340  
他给你注释了一下  
  
605  
00:22:50,060 --> 00:22:51,500  
符合仅代表两种病基  
  
606  
00:22:51,950 --> 00:22:53,430  
这个其实这种紧和有利  
  
607  
00:22:53,430 --> 00:22:54,710  
你在临床上一摸呢  
  
608  
00:22:54,870 --> 00:22:56,310  
你不一定非得是中风患者  
  
609  
00:22:56,310 --> 00:22:58,310  
临床上有很多患者在我们我们门诊对吧  
  
610  
00:22:58,590 --> 00:22:59,430  
一大脉象，我告诉他  
  
611  
00:22:59,430 --> 00:23:00,820  
我说你查去吧  
  
612  
00:23:00,820 --> 00:23:04,790  
动脉硬化一查一个准，动脉硬化呀  
  
613  
00:23:04,790 --> 00:23:08,070  
你再一摸就是这种景象，这是啥呀  
  
614  
00:23:08,110 --> 00:23:09,390  
他告诉你叫仅为寒  
  
615  
00:23:10,110 --> 00:23:11,310  
啥是寒，是邪气  
  
616  
00:23:11,950 --> 00:23:14,710  
那你说在血里头硬化是不是邪气啊  
  
617  
00:23:15,720 --> 00:23:17,640  
人体以外人体之内啊  
  
618  
00:23:18,240 --> 00:23:19,600  
正气以外就是邪气  
  
619  
00:23:20,950 --> 00:23:22,630  
不能被你运化的就是邪气  
  
620  
00:23:22,670 --> 00:23:23,790  
能运化的就是正气  
  
621  
00:23:24,590 --> 00:23:26,670  
以此类推，血栓是不是邪气啊  
  
622  
00:23:27,360 --> 00:23:29,440  
血脂太高是不是也是邪气啊  
  
623  
00:23:29,880 --> 00:23:31,400  
我们就这么去理解这个问题啊  
  
624  
00:23:31,400 --> 00:23:33,920  
包括梗塞是不是也是邪气啊  
  
625  
00:23:33,920 --> 00:23:37,490  
那么这里头都是寒哈，都叫它寒  
  
626  
00:23:37,650 --> 00:23:38,850  
就一个字说清楚了  
  
627  
00:23:38,850 --> 00:23:42,330  
这种血脂梗塞血栓全是寒啊  
  
628  
00:23:43,420 --> 00:23:43,980  
氟是什么  
  
629  
00:23:43,980 --> 00:23:44,420  
氟是虚  
  
630  
00:23:45,740 --> 00:23:46,580  
那为啥虚啊  
  
631  
00:23:47,060 --> 00:23:53,900  
人体想去体内的气血想要向外通达打通不出去吧  
  
632  
00:23:54,420 --> 00:23:55,940  
我之前也讲过这个问题  
  
633  
00:23:55,940 --> 00:23:58,180  
太阳之胃病的眼目，太阳之胃病脉浮  
  
634  
00:23:59,220 --> 00:23:59,900  
非常简单  
  
635  
00:24:00,140 --> 00:24:01,870  
那你说打个比方  
  
636  
00:24:02,070 --> 00:24:05,230  
中国人民解放军突然之间集结到某  
  
637  
00:24:05,390 --> 00:24:08,630  
比如说西南边境或者某个地方枕戈待旦  
  
638  
00:24:10,170 --> 00:24:11,050  
那是说明什么  
  
639  
00:24:11,050 --> 00:24:12,090  
我们去演习去了吗  
  
640  
00:24:12,570 --> 00:24:14,490  
不是吧，说明那个位置有邪气啊  
  
641  
00:24:14,930 --> 00:24:16,490  
人体之气正气虚表  
  
642  
00:24:16,930 --> 00:24:18,690  
但是长期正气曲表之后  
  
643  
00:24:20,350 --> 00:24:21,270  
耗伤国力吧  
  
644  
00:24:23,110 --> 00:24:24,750  
脉浮啊，讲这个问题  
  
645  
00:24:24,750 --> 00:24:26,790  
因为他不是外感病的脉浮  
  
646  
00:24:26,790 --> 00:24:28,070  
他是内伤病的脉浮  
  
647  
00:24:28,430 --> 00:24:31,670  
内伤病的脉浮就有另一个语言，就是说他是虚弱  
  
648  
00:24:32,180 --> 00:24:35,680  
那这种虚和实，他俩夹杂到一块  
  
649  
00:24:35,680 --> 00:24:40,000  
也就是正气的虚弱和病理产物的客观存在  
  
650  
00:24:41,030 --> 00:24:45,030  
这种现象我们称之为含蓄相团  
  
651  
00:24:46,890 --> 00:24:48,650  
但这个呢，你叫香伯也行  
  
652  
00:24:48,650 --> 00:24:51,090  
我认为这个地方可以哪个都行啊  
  
653  
00:24:51,590 --> 00:24:52,830  
相团或者相搏都行  
  
654  
00:24:52,910 --> 00:24:54,270  
总之是正和邪之间  
  
655  
00:24:54,270 --> 00:24:55,550  
他俩交织在一块儿  
  
656  
00:24:55,850 --> 00:24:58,930  
那么这个就是非常在临床中非常生动了  
  
657  
00:24:58,930 --> 00:25:02,290  
临床有很多患者，你你你你去看他的这种状态  
  
658  
00:25:02,290 --> 00:25:03,570  
你说是虚还是实呢  
  
659  
00:25:03,990 --> 00:25:04,670  
其实说不清  
  
660  
00:25:05,150 --> 00:25:07,590  
比如癌症患者，你说癌症患者虚还是实  
  
661  
00:25:07,590 --> 00:25:08,750  
那你你说他实吧  
  
662  
00:25:09,310 --> 00:25:11,200  
没没力气，虚弱  
  
663  
00:25:11,200 --> 00:25:11,920  
饭都吃不下  
  
664  
00:25:12,400 --> 00:25:14,480  
但你说他是虚症呢  
  
665  
00:25:15,920 --> 00:25:20,420  
他那么大一个站位在那儿虚实往往是是是矛盾的  
  
666  
00:25:20,620 --> 00:25:22,620  
我们这个世界往往是一个复杂的世界  
  
667  
00:25:22,620 --> 00:25:24,180  
不是一个单简单的世界啊  
  
668  
00:25:24,620 --> 00:25:25,180  
人也是啊  
  
669  
00:25:25,180 --> 00:25:26,100  
人都有两面啊  
  
670  
00:25:26,620 --> 00:25:27,820  
就说这个道理啊  
  
671  
00:25:29,740 --> 00:25:31,220  
邪在皮肤啊  
  
672  
00:25:31,340 --> 00:25:32,300  
那么后头呢  
  
673  
00:25:32,500 --> 00:25:34,260  
这说了这种状态之上  
  
674  
00:25:34,730 --> 00:25:38,330  
那之所以有伏相，依然说明正气曲表  
  
675  
00:25:38,450 --> 00:25:39,330  
那么邪气呢  
  
676  
00:25:39,930 --> 00:25:41,610  
还是有表邪的病机，对吧  
  
677  
00:25:42,820 --> 00:25:44,140  
后头讲了一大串  
  
678  
00:25:45,060 --> 00:25:46,340  
呃，浮者血虚  
  
679  
00:25:46,820 --> 00:25:47,860  
络脉空虚  
  
680  
00:25:47,900 --> 00:25:50,100  
由于长期的曲表  
  
681  
00:25:51,040 --> 00:25:55,320  
那么人体之中经以下更细微的一个脉  
  
682  
00:25:55,320 --> 00:25:56,880  
叫络它在人的体表  
  
683  
00:25:58,570 --> 00:25:59,330  
贼邪不泄  
  
684  
00:25:59,570 --> 00:26:02,570  
那么于是乎这个邪气呢  
  
685  
00:26:03,850 --> 00:26:07,390  
这个是从身背后吹来这个风吧  
  
686  
00:26:08,070 --> 00:26:09,910  
不当位的这个风啊叫贼风  
  
687  
00:26:10,430 --> 00:26:12,890  
贼风来了，啥叫贼邪不邪  
  
688  
00:26:12,890 --> 00:26:13,690  
其实说的很简单  
  
689  
00:26:14,130 --> 00:26:16,130  
这个话讲的就是正气不当位  
  
690  
00:26:16,210 --> 00:26:17,850  
邪气他就不出去啊  
  
691  
00:26:18,720 --> 00:26:20,880  
邪气不出去，或左或右  
  
692  
00:26:22,510 --> 00:26:25,590  
邪气反缓说的就是左右偏锋的这个问题  
  
693  
00:26:26,310 --> 00:26:27,710  
正气积极  
  
694  
00:26:29,130 --> 00:26:31,250  
那么邪气反缓，正气积极说的是啥  
  
695  
00:26:31,250 --> 00:26:36,760  
就邪气不去正气就就就加班了吧  
  
696  
00:26:37,360 --> 00:26:38,720  
这个大家能说能听明白啊  
  
697  
00:26:39,160 --> 00:26:40,560  
那么正妻在抗协啊  
  
698  
00:26:42,150 --> 00:26:44,110  
正气饮邪窝屁不碎  
  
699  
00:26:44,470 --> 00:26:48,550  
那么这块就描述了人体之不遂的状态啊  
  
700  
00:26:48,590 --> 00:26:52,110  
他是从这个角度就是有邪气的一方  
  
701  
00:26:52,920 --> 00:26:56,320  
人体的形体待缓使不上劲儿  
  
702  
00:26:56,860 --> 00:26:58,260  
相反，有正气的地方呢  
  
703  
00:26:58,500 --> 00:26:59,300  
他拽着你  
  
704  
00:26:59,620 --> 00:27:02,100  
那么我们说那个面瘫是不是就这特点啊  
  
705  
00:27:03,190 --> 00:27:04,870  
面瘫的健侧是什么样的  
  
706  
00:27:05,710 --> 00:27:07,830  
是拉紧的，患侧呢  
  
707  
00:27:09,030 --> 00:27:10,600  
是迟缓的  
  
708  
00:27:10,600 --> 00:27:11,080  
待缓的  
  
709  
00:27:11,080 --> 00:27:12,160  
是那种收不住的  
  
710  
00:27:12,360 --> 00:27:14,800  
跟这个说的一模一样，一模一样  
  
711  
00:27:14,800 --> 00:27:16,880  
那我们不能说你看面瘫患者说你看，哎  
  
712  
00:27:17,240 --> 00:27:18,160  
瞅着好像没事  
  
713  
00:27:18,440 --> 00:27:19,720  
你说这是监测不对  
  
714  
00:27:19,720 --> 00:27:20,800  
因为这块使不上劲  
  
715  
00:27:21,790 --> 00:27:23,430  
啥叫正气引邪呀  
  
716  
00:27:23,430 --> 00:27:25,310  
那不就是正气积极啊  
  
717  
00:27:25,310 --> 00:27:26,390  
说的就是这个状态吗  
  
718  
00:27:26,750 --> 00:27:28,190  
这大伙就明白了  
  
719  
00:27:30,440 --> 00:27:32,640  
后头有一段论述，我建议大家都背下来  
  
720  
00:27:32,680 --> 00:27:33,760  
非常的经典啊  
  
721  
00:27:34,160 --> 00:27:39,730  
他用了洛经、腹葬四个层次啊  
  
722  
00:27:40,170 --> 00:27:42,490  
描述了他的邪气刻入的过程  
  
723  
00:27:42,830 --> 00:27:47,390  
呃，这一段特别像当年扁鹊见蔡桓公是这么说的吧  
  
724  
00:27:47,870 --> 00:27:49,150  
也是在古代的时候  
  
725  
00:27:49,150 --> 00:27:50,590  
其实一个常用的论述  
  
726  
00:27:51,010 --> 00:27:52,770  
内伤病的一个手法  
  
727  
00:27:52,970 --> 00:27:54,930  
我们看扁鹊蔡桓公的，呃  
  
728  
00:27:55,130 --> 00:27:56,450  
那那见蔡桓公的时候  
  
729  
00:27:56,450 --> 00:27:59,680  
他顶上说了说君之病再凑理对吧  
  
730  
00:28:00,400 --> 00:28:01,280  
那不治将恐深  
  
731  
00:28:01,440 --> 00:28:02,360  
那后来告诉你  
  
732  
00:28:02,560 --> 00:28:05,230  
疾病在肌肉，最后往脏腑走了  
  
733  
00:28:05,470 --> 00:28:07,670  
那后来我们学伤寒论的时候，好像没那么学  
  
734  
00:28:07,790 --> 00:28:09,110  
其实这个东西是有的啊  
  
735  
00:28:09,390 --> 00:28:10,750  
这是一种古传的东西啊  
  
736  
00:28:10,750 --> 00:28:13,150  
在这就说的，他就是这么讲的  
  
737  
00:28:13,510 --> 00:28:17,490  
那么他用了四个层次来描述这个问题的病理状态  
  
738  
00:28:17,850 --> 00:28:19,210  
当邪在于落的时候  
  
739  
00:28:19,210 --> 00:28:22,610  
也就是最最最属于经的支支脉吧  
  
740  
00:28:22,610 --> 00:28:22,970  
对吧  
  
741  
00:28:23,290 --> 00:28:25,010  
属于最最最表浅的时候  
  
742  
00:28:25,380 --> 00:28:27,460  
那么就会出现一个症状，叫肌肤不仁  
  
743  
00:28:27,820 --> 00:28:28,900  
所以在临床上呢  
  
744  
00:28:28,900 --> 00:28:30,380  
有的时候你观察到某个患者  
  
745  
00:28:30,380 --> 00:28:31,340  
你说哎  
  
746  
00:28:31,340 --> 00:28:33,380  
发现有问题，他脸没知觉了  
  
747  
00:28:34,250 --> 00:28:35,570  
那么你可以准确的告诉他  
  
748  
00:28:35,690 --> 00:28:36,570  
说明，现在啊  
  
749  
00:28:36,890 --> 00:28:39,090  
你的络脉受邪了啊  
  
750  
00:28:39,090 --> 00:28:40,250  
就就非常简单了吧  
  
751  
00:28:40,730 --> 00:28:41,010  
嗯  
  
752  
00:28:41,360 --> 00:28:43,760  
那么如果是携带于经集中不胜  
  
753  
00:28:44,360 --> 00:28:46,000  
那么经脉支撑如络脉  
  
754  
00:28:46,000 --> 00:28:46,800  
人有12经  
  
755  
00:28:47,280 --> 00:28:49,040  
我们讲到后天正经，对吧  
  
756  
00:28:49,960 --> 00:28:53,000  
如果是其经啊，先天的这个七经有八条  
  
757  
00:28:53,980 --> 00:28:54,780  
其经有八条  
  
758  
00:28:55,260 --> 00:28:56,340  
呃，后世呢  
  
759  
00:28:56,500 --> 00:28:59,060  
华博仁先生有一本书叫14宁发挥  
  
760  
00:29:00,000 --> 00:29:04,290  
把任督跟这个呃12经并称为14经  
  
761  
00:29:04,290 --> 00:29:07,370  
其实这个我我我个人啊理解啊  
  
762  
00:29:07,370 --> 00:29:11,210  
这个是对我们正骨专家知道我要说啥  
  
763  
00:29:11,930 --> 00:29:14,130  
这个是不准确的  
  
764  
00:29:14,490 --> 00:29:16,490  
因为他俩是先后天是有别的  
  
765  
00:29:16,490 --> 00:29:19,240  
不是不是同一个量级上东西啊  
  
766  
00:29:19,560 --> 00:29:20,960  
这样的话容易混淆学理  
  
767  
00:29:20,960 --> 00:29:22,480  
虽然治学是方便了啊  
  
768  
00:29:22,680 --> 00:29:23,480  
方便你记忆  
  
769  
00:29:23,840 --> 00:29:25,280  
但是学理有点混淆了  
  
770  
00:29:26,300 --> 00:29:28,380  
因此在于精的时候呢  
  
771  
00:29:28,580 --> 00:29:31,820  
就不光是哪儿摸着没感觉，叫集中不胜  
  
772  
00:29:31,820 --> 00:29:32,740  
啥叫集中不胜  
  
773  
00:29:34,420 --> 00:29:36,340  
你过去拿这个杯子一拿拿起来了  
  
774  
00:29:37,280 --> 00:29:39,480  
你之前只是说吧手感觉没知觉  
  
775  
00:29:39,480 --> 00:29:41,440  
但是我人家都告诉你去看病了  
  
776  
00:29:41,440 --> 00:29:43,440  
哎，没事不当回事  
  
777  
00:29:43,480 --> 00:29:45,600  
突然有一天一拿拿掉了  
  
778  
00:29:46,730 --> 00:29:49,250  
或者一接这个东西没接住掉地上了  
  
779  
00:29:49,730 --> 00:29:51,690  
说明这个时候已经不是络脉的问题  
  
780  
00:29:51,690 --> 00:29:54,170  
络脉是支脉，而进入了哪个麦呢  
  
781  
00:29:54,700 --> 00:29:56,180  
经脉，经脉是主脉  
  
782  
00:29:57,140 --> 00:29:59,500  
到这了这个，所以他这个标准啊  
  
783  
00:29:59,500 --> 00:30:05,520  
有很多人认为说我们那个就是所说研究中风啊  
  
784  
00:30:05,960 --> 00:30:08,160  
有很多人认为，呃  
  
785  
00:30:08,160 --> 00:30:09,600  
有这种学界有这种声音  
  
786  
00:30:10,360 --> 00:30:12,160  
说金贵的这个治疗体系呢  
  
787  
00:30:13,240 --> 00:30:15,330  
呃，我们用的不多  
  
788  
00:30:15,410 --> 00:30:16,250  
可能有点落后  
  
789  
00:30:16,850 --> 00:30:18,630  
其实不是，嗯  
  
790  
00:30:18,790 --> 00:30:19,550  
这个体系啊  
  
791  
00:30:19,830 --> 00:30:21,910  
沿用到现在还不过时啊  
  
792  
00:30:21,950 --> 00:30:23,670  
还不过时，呃  
  
793  
00:30:24,350 --> 00:30:25,230  
因为当年呢  
  
794  
00:30:25,230 --> 00:30:28,110  
我们长春国医大师任继学先生对吧  
  
795  
00:30:28,900 --> 00:30:32,220  
当年他就是治脑急性出血性中风啊  
  
796  
00:30:32,500 --> 00:30:33,260  
他非常厉害  
  
797  
00:30:33,260 --> 00:30:35,620  
这个这段历史我说说也无妨  
  
798  
00:30:35,620 --> 00:30:37,300  
不说可能很多人都不知道了啊  
  
799  
00:30:37,790 --> 00:30:42,350  
当年我们长春中医学院当时不叫中医药大学，呃  
  
800  
00:30:42,470 --> 00:30:45,590  
附属医院是全国的急性出血症  
  
801  
00:30:45,790 --> 00:30:49,570  
中风的叫叫试教单位  
  
802  
00:30:50,740 --> 00:30:53,700  
中心，就是所有的中西医都得向你学  
  
803  
00:30:54,380 --> 00:30:56,540  
而且他当时治的都是急性脑出血  
  
804  
00:30:57,840 --> 00:30:58,960  
用中医用中药  
  
805  
00:30:59,640 --> 00:31:00,600  
呃，当年呢  
  
806  
00:31:01,610 --> 00:31:04,770  
这个这个也也无妨啊  
  
807  
00:31:04,770 --> 00:31:05,450  
说说也无妨啊  
  
808  
00:31:05,450 --> 00:31:10,290  
当年人老的这个这个家的孩子现在也都是都是名医啊  
  
809  
00:31:10,290 --> 00:31:11,540  
很厉害，呃  
  
810  
00:31:11,660 --> 00:31:14,020  
罹患急性脑出血  
  
811  
00:31:14,700 --> 00:31:17,770  
当时在吉达医院呢，就说没辙  
  
812  
00:31:18,050 --> 00:31:22,560  
最后老爷子亲自上阵用纯中药啊  
  
813  
00:31:22,640 --> 00:31:24,200  
完全解决，而且效果非常好  
  
814  
00:31:24,200 --> 00:31:25,320  
一点后遗症都没有啊  
  
815  
00:31:25,960 --> 00:31:26,600  
真的很厉害  
  
816  
00:31:26,600 --> 00:31:28,160  
你不能说中医这东西过时了  
  
817  
00:31:28,360 --> 00:31:30,000  
只能说我们自己用的不好啊  
  
818  
00:31:31,070 --> 00:31:32,470  
那么后头告诉你邪入于腐  
  
819  
00:31:32,630 --> 00:31:35,670  
那就比那个拿东西拿不起来要严重了  
  
820  
00:31:35,910 --> 00:31:36,910  
那是怎么样的呢  
  
821  
00:31:36,910 --> 00:31:38,270  
就是不认人了  
  
822  
00:31:39,520 --> 00:31:42,280  
那这个其实跟我们伤寒又相通  
  
823  
00:31:42,360 --> 00:31:46,200  
那我们说伤寒辅正到大乘气汤症的时候  
  
824  
00:31:46,510 --> 00:31:47,790  
那是不是也是这样啊  
  
825  
00:31:48,310 --> 00:31:52,270  
神婚詹宇，寻衣摸床抽空李现啊  
  
826  
00:31:52,670 --> 00:31:53,750  
这种状态不识人  
  
827  
00:31:54,230 --> 00:31:55,470  
腹气被治之后  
  
828  
00:31:55,470 --> 00:31:57,480  
腹气不降，则浊气呢  
  
829  
00:31:57,720 --> 00:31:59,040  
必通于清窍  
  
830  
00:31:59,440 --> 00:32:00,080  
就很简单  
  
831  
00:32:00,080 --> 00:32:01,320  
我说个更简单的例子啊  
  
832  
00:32:01,680 --> 00:32:02,920  
什么叫浊气不降  
  
833  
00:32:03,630 --> 00:32:06,270  
那那那那那，浊气就通于轻巧  
  
834  
00:32:06,750 --> 00:32:08,470  
打比方就是家里厕所堵了  
  
835  
00:32:09,430 --> 00:32:10,830  
那臭气就往哪儿去啊  
  
836  
00:32:11,470 --> 00:32:12,270  
往客厅去了  
  
837  
00:32:12,270 --> 00:32:13,070  
往卧室去了  
  
838  
00:32:13,070 --> 00:32:15,190  
那这个地方是是升青的地方  
  
839  
00:32:15,190 --> 00:32:16,350  
不是降浊的地方吧  
  
840  
00:32:16,610 --> 00:32:18,370  
那么人也一样，为什么神昏啊  
  
841  
00:32:18,410 --> 00:32:20,490  
那是是不是因为浊气上来了  
  
842  
00:32:20,650 --> 00:32:22,050  
所以这个时候你就要降浊  
  
843  
00:32:22,490 --> 00:32:23,810  
用什么方法成气类  
  
844  
00:32:24,200 --> 00:32:28,080  
大柴胡抵当汤效果都非常好啊啊  
  
845  
00:32:28,160 --> 00:32:29,500  
临床上，呃  
  
846  
00:32:29,620 --> 00:32:31,020  
说这个我还真能吹一吹  
  
847  
00:32:31,140 --> 00:32:35,140  
我当学生，那时候大三那年我就治过急性出血性中风脑出血  
  
848  
00:32:35,580 --> 00:32:38,460  
我自己去的几根针草药  
  
849  
00:32:38,740 --> 00:32:42,540  
这个段子我给你们好多学生都知道当年为啥敢去  
  
850  
00:32:42,580 --> 00:32:44,620  
当年胆大呀哈哈哈哈哈  
  
851  
00:32:45,010 --> 00:32:46,250  
当年胆大呀，我我哪  
  
852  
00:32:46,250 --> 00:32:47,370  
我哪知道这些事啊  
  
853  
00:32:47,370 --> 00:32:48,970  
我现在现在我可不敢啊  
  
854  
00:32:49,330 --> 00:32:53,390  
那时候讲叫初生牛犊，真不怕虎啊  
  
855  
00:32:53,550 --> 00:32:54,350  
真这样啊  
  
856  
00:32:55,400 --> 00:32:56,160  
效果非常好  
  
857  
00:32:56,160 --> 00:32:58,280  
但不这些事以后不敢聊了  
  
858  
00:32:58,280 --> 00:33:02,040  
聊了聊之后，有的时候真的很麻烦  
  
859  
00:33:02,480 --> 00:33:03,480  
邪入于藏啊  
  
860  
00:33:04,630 --> 00:33:06,190  
舌记难言口吐涎  
  
861  
00:33:07,500 --> 00:33:09,220  
不但是神不识人，对吧  
  
862  
00:33:09,220 --> 00:33:11,820  
不识人你你你跟他聊天，你说这是谁啊  
  
863  
00:33:11,820 --> 00:33:12,660  
他就认错了  
  
864  
00:33:12,660 --> 00:33:15,060  
他还能跟你说出来啊，对吧  
  
865  
00:33:15,540 --> 00:33:17,020  
见着他哥管他叫弟弟啊  
  
866  
00:33:17,020 --> 00:33:19,700  
那这是不识人，到这时你问他这是谁啊  
  
867  
00:33:20,310 --> 00:33:21,030  
说不出来了  
  
868  
00:33:21,150 --> 00:33:22,990  
舌头为什么心窍为舌呀  
  
869  
00:33:23,390 --> 00:33:25,800  
心主神明，心主血脉啊  
  
870  
00:33:25,800 --> 00:33:27,240  
这时候舌头已经不好用了  
  
871  
00:33:27,240 --> 00:33:29,680  
那说明入葬了，入葬了之后  
  
872  
00:33:30,230 --> 00:33:30,430  
呃  
  
873  
00:33:30,830 --> 00:33:33,350  
而且口啊，已经不能自持  
  
874  
00:33:33,990 --> 00:33:34,870  
什么叫口吐咸  
  
875  
00:33:34,910 --> 00:33:35,790  
不是说吐吐嘛  
  
876  
00:33:35,790 --> 00:33:39,200  
是我们东北叫淌哈喇子，是不是  
  
877  
00:33:39,640 --> 00:33:41,720  
那么南方就是叫什么流口水吗  
  
878  
00:33:42,160 --> 00:33:43,440  
怎么讲我也不懂啊  
  
879  
00:33:43,640 --> 00:33:44,840  
反正你自己去对吧  
  
880  
00:33:45,780 --> 00:33:46,940  
那么他这儿呢  
  
881  
00:33:46,940 --> 00:33:48,420  
用一个大尺度的笔法  
  
882  
00:33:48,540 --> 00:33:51,220  
整个的非常宏观啊  
  
883  
00:33:51,700 --> 00:33:55,840  
讲解了从病机到他病的状态啊  
  
884  
00:33:55,920 --> 00:33:57,720  
讲了这个中风的现象  
  
885  
00:33:58,000 --> 00:34:01,680  
那么后头呢，又逐渐的从不同层面讲了中风的政治  
  
886  
00:34:02,000 --> 00:34:05,050  
但是实话实说，确实不够全面  
  
887  
00:34:05,290 --> 00:34:07,610  
你比如说那个出血啊，急性期  
  
888  
00:34:08,010 --> 00:34:09,770  
那你绝对得上抵当汤吧  
  
889  
00:34:10,290 --> 00:34:11,969  
那这个时候抵挡不上你  
  
890  
00:34:11,969 --> 00:34:14,210  
你光靠续命这个不行啊  
  
891  
00:34:14,250 --> 00:34:15,050  
这个确实不行  
  
892  
00:34:15,489 --> 00:34:17,130  
呃，也不得不说我们金贵呢  
  
893  
00:34:17,889 --> 00:34:20,170  
他毕竟是后来重新整理  
  
894  
00:34:20,889 --> 00:34:22,810  
我认为可能有所流失  
  
895  
00:34:22,929 --> 00:34:24,449  
但是这个是一一家之言啊  
  
896  
00:34:24,670 --> 00:34:28,070  
因为这个是我纯从我个人临床的那个角度，去看这个问题  
  
897  
00:34:28,190 --> 00:34:29,750  
因为这些方法我全用  
  
898  
00:34:30,300 --> 00:34:31,540  
我在临床上都用啊  
  
899  
00:34:31,540 --> 00:34:35,360  
在临床上都用，从那个黑伞到风引汤啊  
  
900  
00:34:35,840 --> 00:34:37,880  
道道续命我们用的特别多  
  
901  
00:34:38,520 --> 00:34:40,440  
那么第一张方呢，叫侯氏黑散  
  
902  
00:34:41,489 --> 00:34:43,010  
关于这个命名啊，挺有意思  
  
903  
00:34:43,010 --> 00:34:44,929  
我在临床我自己也做这个东西啊  
  
904  
00:34:45,290 --> 00:34:46,370  
包括让患者也做  
  
905  
00:34:47,020 --> 00:34:49,179  
呃，他还不是纯黑色  
  
906  
00:34:49,620 --> 00:34:51,020  
但是这个东西至于为什么  
  
907  
00:34:51,020 --> 00:34:53,179  
可能中间有很多东西我我我没搞明白  
  
908  
00:34:53,179 --> 00:34:55,100  
文博你你做这个是啥颜色的  
  
909  
00:34:55,440 --> 00:34:56,600  
黄的是不是啊  
  
910  
00:34:56,600 --> 00:34:58,600  
我以我一直以为我做错了呢  
  
911  
00:34:58,840 --> 00:34:59,960  
看来还行啊  
  
912  
00:35:00,350 --> 00:35:00,910  
看来还行  
  
913  
00:35:01,310 --> 00:35:03,430  
这个散记呢，方子不小啊  
  
914  
00:35:03,470 --> 00:35:05,910  
他说治这么一个问题，治什么呢  
  
915  
00:35:05,910 --> 00:35:06,390  
大风  
  
916  
00:35:06,980 --> 00:35:12,060  
这个大风指的就是我们讲叫48方贼邪之风  
  
917  
00:35:12,100 --> 00:35:16,780  
而且他是这个，已经是我们讲大讲究要太过的意思  
  
918  
00:35:16,780 --> 00:35:17,300  
对不对啊  
  
919  
00:35:17,700 --> 00:35:17,900  
唉  
  
920  
00:35:17,900 --> 00:35:20,420  
他已经是能够侵入脏腑了  
  
921  
00:35:24,260 --> 00:35:27,340  
四肢繁重，那么这个四肢繁重指的是什么呀  
  
922  
00:35:28,060 --> 00:35:28,340  
嗯  
  
923  
00:35:29,040 --> 00:35:32,600  
那么就到了那个起码是协助于精以上啊  
  
924  
00:35:33,240 --> 00:35:34,080  
这种状态啊  
  
925  
00:35:34,960 --> 00:35:36,600  
协助于精以上，这是最起码  
  
926  
00:35:38,500 --> 00:35:38,700  
呃  
  
927  
00:35:38,900 --> 00:35:42,060  
心中恶寒不足额，这个方呢  
  
928  
00:35:42,060 --> 00:35:45,860  
我在临床上用的比较多的，你比如说脑梗  
  
929  
00:35:47,000 --> 00:35:47,480  
枪梗  
  
930  
00:35:48,430 --> 00:35:48,630  
呃  
  
931  
00:35:48,870 --> 00:35:49,950  
包括那个那个那个  
  
932  
00:35:50,070 --> 00:35:51,190  
因为他有梗塞灶嘛  
  
933  
00:35:51,630 --> 00:35:52,030  
对吧  
  
934  
00:35:52,350 --> 00:35:53,190  
包括高血压  
  
935  
00:35:53,190 --> 00:35:55,550  
当然这个高血压多数是腔梗引起来的  
  
936  
00:35:55,830 --> 00:35:57,640  
呃，做成这个方呢  
  
937  
00:35:58,200 --> 00:35:59,880  
它效果不是特别快  
  
938  
00:36:00,080 --> 00:36:00,840  
它不是特别快  
  
939  
00:36:00,840 --> 00:36:02,480  
这个比降压药相对来说啊  
  
940  
00:36:02,680 --> 00:36:06,380  
因为降压药可能吃上之后可能那个一两个小时啊  
  
941  
00:36:06,860 --> 00:36:08,500  
或者说更快，雪就下来了  
  
942  
00:36:09,130 --> 00:36:09,330  
呃  
  
943  
00:36:09,650 --> 00:36:11,410  
这个不够快，快咱有啊  
  
944  
00:36:11,410 --> 00:36:13,250  
后头有方子啊，在这先不跟你说  
  
945  
00:36:13,850 --> 00:36:14,490  
但这个呢  
  
946  
00:36:14,570 --> 00:36:16,950  
效果特别稳定，特别长  
  
947  
00:36:17,460 --> 00:36:19,420  
而且这张方子后世非常可惜  
  
948  
00:36:19,580 --> 00:36:22,020  
用的大夫其实不是特别多  
  
949  
00:36:22,460 --> 00:36:24,260  
特别可惜，这是个特别好的方  
  
950  
00:36:24,580 --> 00:36:26,020  
临床有很多人认为啊  
  
951  
00:36:27,040 --> 00:36:28,680  
说这个方子，呃  
  
952  
00:36:29,700 --> 00:36:33,740  
他这个就有这种观点啊，呃  
  
953  
00:36:34,380 --> 00:36:36,060  
说这方子不是仲景现实的  
  
954  
00:36:37,270 --> 00:36:41,670  
但我反过来问你，伤寒论里哪张方是仲景现实的  
  
955  
00:36:42,550 --> 00:36:44,990  
按这个讲，博采众方啊  
  
956  
00:36:45,430 --> 00:36:45,750  
对吧  
  
957  
00:36:45,750 --> 00:36:48,590  
勤求古训，新加汤肯定是老仙师写的  
  
958  
00:36:49,120 --> 00:36:50,280  
那其他的有很多  
  
959  
00:36:50,280 --> 00:36:52,000  
那那那你说桂枝汤能能吃吗  
  
960  
00:36:52,000 --> 00:36:53,120  
那不是伊尹的吗  
  
961  
00:36:53,120 --> 00:36:54,080  
咱们这么讲啊  
  
962  
00:36:54,970 --> 00:36:55,810  
好用就行啊  
  
963  
00:36:56,530 --> 00:36:58,450  
这个组方的组成啊  
  
964  
00:36:58,530 --> 00:36:59,970  
它有它的一个内在结构  
  
965  
00:37:00,530 --> 00:37:02,810  
最主要最主要的一味药是菊花  
  
966  
00:37:03,900 --> 00:37:04,540  
菊花呢  
  
967  
00:37:04,540 --> 00:37:05,900  
我们说它什么特点啊  
  
968  
00:37:05,900 --> 00:37:07,980  
我们说秋天的菊花吧  
  
969  
00:37:08,780 --> 00:37:10,940  
哎，晋陶渊明独爱菊  
  
970  
00:37:11,020 --> 00:37:13,580  
为什么读到秋天的时候就菊花开了  
  
971  
00:37:14,420 --> 00:37:15,540  
因此我们讲一个问题  
  
972  
00:37:16,610 --> 00:37:18,530  
所有的花啊都有生发之性  
  
973  
00:37:18,970 --> 00:37:19,690  
有一个算一个  
  
974  
00:37:19,690 --> 00:37:22,900  
因为花我们直白点点一点讲  
  
975  
00:37:22,900 --> 00:37:25,140  
他不就是这种植物的生殖系统吗  
  
976  
00:37:25,700 --> 00:37:26,940  
其实你想想是不是这个道理  
  
977  
00:37:27,100 --> 00:37:28,380  
生殖系统它有什么作用  
  
978  
00:37:28,580 --> 00:37:29,820  
生长生发的作用啊  
  
979  
00:37:30,420 --> 00:37:32,780  
它要为什么大多数在春天开花  
  
980  
00:37:33,020 --> 00:37:33,900  
那都是春天嘛  
  
981  
00:37:33,900 --> 00:37:37,460  
那你看猫，比如说不也是春天好多嘛  
  
982  
00:37:37,500 --> 00:37:39,980  
那那那个动物发情都是有季节性的吗  
  
983  
00:37:40,270 --> 00:37:42,270  
那菊花发情是在秋天啊  
  
984  
00:37:42,270 --> 00:37:43,150  
这个特别有意思  
  
985  
00:37:43,470 --> 00:37:45,230  
因此它既有生发之性  
  
986  
00:37:45,790 --> 00:37:47,590  
这是花本身就要有的，第二  
  
987  
00:37:47,920 --> 00:37:50,200  
它颜色黄，甚至有白色的  
  
988  
00:37:50,200 --> 00:37:51,480  
它为金之正色  
  
989  
00:37:51,640 --> 00:37:53,880  
而且在秋天得秋金之气  
  
990  
00:37:54,160 --> 00:37:55,120  
所以它就能干嘛  
  
991  
00:37:55,120 --> 00:37:56,040  
它又能煮生发  
  
992  
00:37:56,040 --> 00:37:57,240  
它能治风气  
  
993  
00:37:58,400 --> 00:37:58,960  
治风木  
  
994  
00:37:58,960 --> 00:37:59,680  
所以能治风  
  
995  
00:38:00,170 --> 00:38:03,490  
因此说我们临床上用菊花治风，就是这个特点  
  
996  
00:38:03,490 --> 00:38:04,490  
说菊花能疏风  
  
997  
00:38:04,490 --> 00:38:06,210  
能能能能清热，能醒脑  
  
998  
00:38:06,610 --> 00:38:07,650  
那不就是这个道理吗  
  
999  
00:38:07,930 --> 00:38:09,370  
因此，在本经之中讲  
  
1000  
00:38:09,370 --> 00:38:11,010  
菊花主什么啊  
  
1001  
00:38:11,290 --> 00:38:12,450  
大风头全痛吗  
  
1002  
00:38:13,020 --> 00:38:13,220  
诶  
  
1003  
00:38:13,220 --> 00:38:13,820  
那为啥呢  
  
1004  
00:38:13,820 --> 00:38:14,700  
就是这原因啊  
  
1005  
00:38:15,020 --> 00:38:15,380  
因此  
  
1006  
00:38:15,620 --> 00:38:20,550  
以他为整个疏风治风的一个源头  
  
1007  
00:38:20,870 --> 00:38:24,670  
也就是在未来的侯氏黑散的政治之中啊  
  
1008  
00:38:24,870 --> 00:38:28,540  
我们说在临床上，甭管你是左偏右偏  
  
1009  
00:38:28,780 --> 00:38:29,940  
你入京入洛  
  
1010  
00:38:29,940 --> 00:38:30,620  
入府入藏  
  
1011  
00:38:31,420 --> 00:38:33,540  
呃，我们可以说黑伞几乎同治  
  
1012  
00:38:33,620 --> 00:38:36,500  
为啥，只要你是由于风引起来的  
  
1013  
00:38:36,500 --> 00:38:37,860  
我就能治中风  
  
1014  
00:38:37,860 --> 00:38:39,020  
中风中的是啥呀  
  
1015  
00:38:39,460 --> 00:38:41,900  
我们一开始不讲风之为病吗  
  
1016  
00:38:43,260 --> 00:38:45,500  
它等于是不是从结果论知  
  
1017  
00:38:46,020 --> 00:38:49,140  
而是从病因上把风抓住了  
  
1018  
00:38:49,860 --> 00:38:51,540  
不让你的风邪化  
  
1019  
00:38:53,230 --> 00:38:56,270  
让你的五脏六腑与正常的风气去相应  
  
1020  
00:38:56,510 --> 00:38:57,390  
把它逆转啊  
  
1021  
00:38:57,790 --> 00:39:01,600  
把风气逆转，让它与人体五脏之正气相应  
  
1022  
00:39:02,160 --> 00:39:06,000  
而不能让五脏之风呢与邪气去去相应  
  
1023  
00:39:06,000 --> 00:39:08,660  
就不能让它风变成邪风啊  
  
1024  
00:39:08,660 --> 00:39:11,860  
不能让他封邪话讲讲的无非是是这么一个道理  
  
1025  
00:39:12,540 --> 00:39:13,300  
呃，后头呢  
  
1026  
00:39:14,380 --> 00:39:15,780  
呃，就比较  
  
1027  
00:39:17,580 --> 00:39:18,820  
呃，从各个方面吧  
  
1028  
00:39:19,340 --> 00:39:21,100  
这方比较大，呃  
  
1029  
00:39:21,100 --> 00:39:23,640  
人参白猪调胃气  
  
1030  
00:39:24,640 --> 00:39:24,840  
呃  
  
1031  
00:39:25,080 --> 00:39:28,010  
川芎当归调营穴，繁石啊  
  
1032  
00:39:28,010 --> 00:39:28,930  
这个特别有意思  
  
1033  
00:39:29,370 --> 00:39:30,290  
凡石在这呢  
  
1034  
00:39:30,370 --> 00:39:31,650  
其实它是干什么  
  
1035  
00:39:31,650 --> 00:39:35,450  
我们在现代临床上有很多人，呃对  
  
1036  
00:39:35,450 --> 00:39:37,890  
用繁石是有忌讳啊  
  
1037  
00:39:37,930 --> 00:39:40,970  
认为担心那个重金属的问题是不是  
  
1038  
00:39:41,490 --> 00:39:41,690  
呃  
  
1039  
00:39:41,970 --> 00:39:46,440  
但是你注意这个繁石是散伏它不入碱基啊  
  
1040  
00:39:46,440 --> 00:39:50,040  
他不入剪辑额，必须得有没有不行啊  
  
1041  
00:39:50,040 --> 00:39:50,880  
没有效果呢  
  
1042  
00:39:50,880 --> 00:39:53,000  
那就差老多了，白矾啊  
  
1043  
00:39:53,000 --> 00:39:54,920  
在临床上我们就哭烦啊  
  
1044  
00:39:56,510 --> 00:39:57,830  
啊，护心器用的啊  
  
1045  
00:39:59,420 --> 00:40:00,700  
断牡蛎固肾气  
  
1046  
00:40:00,700 --> 00:40:02,780  
那么心肾能够稳固神志  
  
1047  
00:40:02,940 --> 00:40:05,660  
调和，风能能调和  
  
1048  
00:40:05,820 --> 00:40:08,290  
气血能调和就就行了  
  
1049  
00:40:08,690 --> 00:40:10,250  
至于这个桂枝防风呢  
  
1050  
00:40:11,090 --> 00:40:11,730  
怎么区风  
  
1051  
00:40:12,610 --> 00:40:12,890  
呃  
  
1052  
00:40:14,360 --> 00:40:17,440  
这个所说的那个那个干姜细辛怎么驱寒  
  
1053  
00:40:18,160 --> 00:40:20,120  
包括其中还有黄芪，能清热啊  
  
1054  
00:40:20,630 --> 00:40:22,430  
就是从不同的角度切入  
  
1055  
00:40:22,910 --> 00:40:24,910  
这张方的应用方式呢  
  
1056  
00:40:24,910 --> 00:40:28,310  
是楚为散，他最后这个由于那个菊花呢  
  
1057  
00:40:28,870 --> 00:40:29,830  
它不太好打粉  
  
1058  
00:40:29,910 --> 00:40:32,230  
所以这个打磨特别难啊  
  
1059  
00:40:32,230 --> 00:40:34,830  
这个往往是打粗末啊，打打细了特别难  
  
1060  
00:40:35,550 --> 00:40:36,470  
呃咳  
  
1061  
00:40:37,350 --> 00:40:40,510  
花点时间反正也能研成粉酒服方寸壁  
  
1062  
00:40:40,510 --> 00:40:43,390  
每次我都是让患者用温酒啊  
  
1063  
00:40:44,290 --> 00:40:45,010  
一方寸币  
  
1064  
00:40:45,490 --> 00:40:47,650  
一方寸币大概就是5ml呗，对吧  
  
1065  
00:40:48,130 --> 00:40:48,650  
5ml  
  
1066  
00:40:49,570 --> 00:40:50,930  
额日一服  
  
1067  
00:40:51,370 --> 00:40:52,370  
每天服一次  
  
1068  
00:40:53,300 --> 00:40:55,060  
初伏20日啊，温酒调服  
  
1069  
00:40:55,860 --> 00:40:59,060  
这个呢，仅一切鱼肉大大蒜啊  
  
1070  
00:40:59,060 --> 00:41:00,100  
就是所有的那个  
  
1071  
00:41:00,420 --> 00:41:01,780  
他其实就是不让你用  
  
1072  
00:41:02,650 --> 00:41:04,210  
吃任何能助热的东西  
  
1073  
00:41:05,130 --> 00:41:05,730  
要冷食  
  
1074  
00:41:05,730 --> 00:41:06,290  
为什么  
  
1075  
00:41:06,610 --> 00:41:10,210  
这个好像我们通常说吃中药都得吃温的东西吧  
  
1076  
00:41:10,620 --> 00:41:11,740  
这个与他完全相反  
  
1077  
00:41:11,820 --> 00:41:15,860  
原因就在于我们说那个脉微而硕，中风使然  
  
1078  
00:41:16,300 --> 00:41:19,980  
中风日久，能化瘀热在内经里头  
  
1079  
00:41:19,980 --> 00:41:21,540  
我们讲叫风火相执  
  
1080  
00:41:22,160 --> 00:41:23,000  
风和火呢  
  
1081  
00:41:23,000 --> 00:41:26,200  
它俩会形成互相之间的一个惺惺相惜  
  
1082  
00:41:27,000 --> 00:41:29,080  
你不能让他俩之间交朋友，明白吗  
  
1083  
00:41:29,300 --> 00:41:31,420  
所以所有鱼肉，包括大蒜  
  
1084  
00:41:31,620 --> 00:41:33,380  
包括能注热的东西都不能吃  
  
1085  
00:41:33,380 --> 00:41:34,740  
那么我们今天翻译过来  
  
1086  
00:41:35,020 --> 00:41:37,140  
那你说重庆火锅这时候是不是也不行啊  
  
1087  
00:41:37,620 --> 00:41:37,820  
哎  
  
1088  
00:41:37,820 --> 00:41:38,940  
所以别钻空子啊  
  
1089  
00:41:38,940 --> 00:41:42,340  
就是说这些东西你你你都得注意吃东西吃凉的啊  
  
1090  
00:41:43,510 --> 00:41:43,990  
之后呢  
  
1091  
00:41:44,830 --> 00:41:45,030  
呃  
  
1092  
00:41:45,230 --> 00:41:45,950  
60日止  
  
1093  
00:41:46,430 --> 00:41:49,790  
即药鸡在府中不下也啊，吃60日之后  
  
1094  
00:41:50,670 --> 00:41:51,830  
因为这个药啊  
  
1095  
00:41:51,830 --> 00:41:53,590  
他服的是散剂啊  
  
1096  
00:41:53,630 --> 00:41:54,430  
两个月啊  
  
1097  
00:41:55,610 --> 00:41:56,890  
这个会  
  
1098  
00:41:58,130 --> 00:42:01,850  
这个这个药力呢，会积在腹中  
  
1099  
00:42:03,280 --> 00:42:03,480  
额  
  
1100  
00:42:04,280 --> 00:42:05,240  
那么这时候咋办  
  
1101  
00:42:05,720 --> 00:42:06,560  
告诉你有一个办法  
  
1102  
00:42:06,560 --> 00:42:07,960  
能调和吃点热东西  
  
1103  
00:42:08,400 --> 00:42:10,320  
因为你一直吃凉东西，吃时间长了吧  
  
1104  
00:42:10,950 --> 00:42:13,550  
就是就是所谓中和的意思啊  
  
1105  
00:42:13,910 --> 00:42:14,470  
量太多了  
  
1106  
00:42:14,470 --> 00:42:16,910  
用热的揪揪、偏这块有很多人解释  
  
1107  
00:42:16,910 --> 00:42:18,790  
其实我认为没有必要解释过多啊  
  
1108  
00:42:19,390 --> 00:42:20,550  
他就注意一个事项  
  
1109  
00:42:20,670 --> 00:42:22,150  
不要吃这个药  
  
1110  
00:42:22,150 --> 00:42:24,550  
期间忌动火啊  
  
1111  
00:42:24,630 --> 00:42:27,350  
机动火木火同系说的就这么一个事  
  
1112  
00:42:28,390 --> 00:42:28,670  
呃  
  
1113  
00:42:30,420 --> 00:42:32,540  
那么临床所主治啊  
  
1114  
00:42:32,540 --> 00:42:36,060  
那么我个人用的比较多的额腔梗  
  
1115  
00:42:36,380 --> 00:42:39,700  
因为我认为他那里头那个那个那个梗塞  
  
1116  
00:42:39,700 --> 00:42:41,660  
那东西就类似于一种弹弦的东西吗  
  
1117  
00:42:42,220 --> 00:42:44,620  
脑梗塞于脑，脑这个位置是一个高位  
  
1118  
00:42:45,140 --> 00:42:47,420  
那么弹弦能阻塞于高位，说明有风  
  
1119  
00:42:48,440 --> 00:42:51,120  
所以这个我在临床中治慢性腔梗用的用的特别多  
  
1120  
00:42:51,240 --> 00:42:52,960  
长期治啊，不是一天两天的事  
  
1121  
00:42:53,200 --> 00:42:54,040  
效果挺好  
  
1122  
00:42:55,710 --> 00:42:55,910  
额  
  
1123  
00:42:56,030 --> 00:42:58,670  
包括一些这个这个高血压吧啊  
  
1124  
00:42:58,670 --> 00:43:00,550  
临床一些由风引起来的高血压啊  
  
1125  
00:43:00,550 --> 00:43:03,470  
你从脉上你可以看得出来啊，呃  
  
1126  
00:43:03,470 --> 00:43:06,350  
有这种这这这个福贤之相的啊  
  
1127  
00:43:08,390 --> 00:43:08,910  
凤饮汤  
  
1128  
00:43:09,840 --> 00:43:10,040  
呃  
  
1129  
00:43:10,160 --> 00:43:12,280  
他说的非常简单，叫除热贪闲  
  
1130  
00:43:13,030 --> 00:43:14,230  
原文就给这么点事  
  
1131  
00:43:14,230 --> 00:43:15,590  
没说别的，呃  
  
1132  
00:43:15,630 --> 00:43:17,750  
风引汤的组成啊  
  
1133  
00:43:17,870 --> 00:43:18,870  
风引汤的组成  
  
1134  
00:43:20,620 --> 00:43:21,820  
你发现一个规律  
  
1135  
00:43:22,260 --> 00:43:25,400  
它这里头有一个桂甘龙牡汤，看到了吧  
  
1136  
00:43:25,840 --> 00:43:26,600  
有一个带黄  
  
1137  
00:43:27,000 --> 00:43:28,680  
那么桂甘龙骨汤是干啥的呢  
  
1138  
00:43:29,130 --> 00:43:33,690  
那么我们说伤寒论之中用桂桂枝、甘草、龙骨牡蛎那那其原因非常简单  
  
1139  
00:43:34,130 --> 00:43:35,050  
火逆下之阴烧  
  
1140  
00:43:35,050 --> 00:43:37,210  
真烦燥者，是不是心气不能前连了  
  
1141  
00:43:38,050 --> 00:43:43,010  
那么我们认为风饮汤的这个患者由于风气太过  
  
1142  
00:43:44,140 --> 00:43:45,100  
烽火太过啊  
  
1143  
00:43:45,460 --> 00:43:47,300  
造成一个问题，心神不能内敛  
  
1144  
00:43:47,810 --> 00:43:52,170  
他肯定是一定程度会影响到人的神智，甚至是行为  
  
1145  
00:43:52,490 --> 00:43:53,570  
呃，包括我们今天呢  
  
1146  
00:43:53,570 --> 00:43:54,730  
其实有一种常见病啊  
  
1147  
00:43:54,730 --> 00:43:55,610  
就是在临床上  
  
1148  
00:43:55,930 --> 00:43:56,850  
呃，小孩多见  
  
1149  
00:43:57,250 --> 00:43:59,250  
知道那个小儿抽动症吧  
  
1150  
00:44:00,420 --> 00:44:01,860  
是不是也是一个动风之象啊  
  
1151  
00:44:01,860 --> 00:44:02,780  
那你说你咋弄  
  
1152  
00:44:03,060 --> 00:44:04,020  
一个是补脾胃  
  
1153  
00:44:04,620 --> 00:44:06,020  
那么防止风木克脾土  
  
1154  
00:44:06,340 --> 00:44:07,300  
其实还有一个方法是  
  
1155  
00:44:07,300 --> 00:44:08,940  
你可以直接去治风木吧  
  
1156  
00:44:09,720 --> 00:44:10,600  
治风木怎么办  
  
1157  
00:44:10,600 --> 00:44:11,920  
那风引汤效果非常好  
  
1158  
00:44:12,320 --> 00:44:13,880  
寒湿相构，烽火相执  
  
1159  
00:44:14,290 --> 00:44:17,730  
如果单纯枫木为病我是这么理解的  
  
1160  
00:44:17,930 --> 00:44:20,370  
单纯枫木为病，你用黑伞效果更好  
  
1161  
00:44:21,040 --> 00:44:22,920  
但是如果烽火相合未病  
  
1162  
00:44:23,800 --> 00:44:26,730  
用用黑伞你就咋用都不行  
  
1163  
00:44:26,770 --> 00:44:28,410  
这个关键不是方不好使  
  
1164  
00:44:28,410 --> 00:44:30,780  
是你没看准，为啥不好使  
  
1165  
00:44:30,980 --> 00:44:33,420  
因为你这风还刚解决差不多了  
  
1166  
00:44:33,460 --> 00:44:34,740  
火把它又勾起来了  
  
1167  
00:44:34,900 --> 00:44:36,870  
就是他有外援，明白了吧  
  
1168  
00:44:37,230 --> 00:44:40,190  
就这病你治一半之后你发现它又起来了，说明有外援  
  
1169  
00:44:40,630 --> 00:44:43,830  
那么黑伞就是没有外援的情况下  
  
1170  
00:44:43,830 --> 00:44:47,710  
光是风你用黑伞，但是风和火在一块咋办  
  
1171  
00:44:49,830 --> 00:44:51,150  
用风引汤明白了吧  
  
1172  
00:44:51,630 --> 00:44:54,150  
哎，那么烽火怎么去理解它  
  
1173  
00:44:54,150 --> 00:44:57,810  
那首先带黄，本身下淤血血闭除寒热  
  
1174  
00:44:57,810 --> 00:44:59,450  
它就能通利水谷，调中化食  
  
1175  
00:44:59,450 --> 00:44:59,930  
安和五脏  
  
1176  
00:44:59,930 --> 00:45:01,650  
给他一个去路啊  
  
1177  
00:45:01,650 --> 00:45:04,250  
给他一个去路，你看大黄开头  
  
1178  
00:45:05,020 --> 00:45:05,460  
然后呢  
  
1179  
00:45:05,460 --> 00:45:07,980  
贵干龙母安心气之后，后头好玩了  
  
1180  
00:45:08,620 --> 00:45:13,210  
我们说人呢有神魂魄，意志分  
  
1181  
00:45:13,210 --> 00:45:14,170  
主肝心脾肺肾  
  
1182  
00:45:14,490 --> 00:45:17,610  
那么这个呢，是把五脏之神都给他守住了  
  
1183  
00:45:17,610 --> 00:45:18,610  
其中有白石英  
  
1184  
00:45:18,930 --> 00:45:20,490  
白石英，色白入哪啊  
  
1185  
00:45:21,330 --> 00:45:22,810  
入肺所以能安肺破  
  
1186  
00:45:24,220 --> 00:45:25,100  
有紫石英  
  
1187  
00:45:25,140 --> 00:45:26,900  
我们说子为水火，合德之色  
  
1188  
00:45:27,700 --> 00:45:29,460  
呃，那么何德之盛呢  
  
1189  
00:45:29,460 --> 00:45:29,940  
在这呢  
  
1190  
00:45:29,940 --> 00:45:31,100  
它直接能暖肝  
  
1191  
00:45:31,900 --> 00:45:33,900  
而且有一个问题，这个我多说一句  
  
1192  
00:45:34,180 --> 00:45:36,220  
肝呢，本身跟冲脉相通  
  
1193  
00:45:38,620 --> 00:45:42,940  
甘脉与督那个那个甘脉本身起于起于足大趾吧  
  
1194  
00:45:43,260 --> 00:45:45,420  
但整个上行上行之后呢  
  
1195  
00:45:45,820 --> 00:45:49,300  
最后竟然在三阴经之中只有一条阴经能入脑  
  
1196  
00:45:51,820 --> 00:45:55,820  
与督脉会于巅入络脑还出别下降对吧  
  
1197  
00:45:56,180 --> 00:46:00,060  
那那那那那就是肝脉，肝能达到巅顶  
  
1198  
00:46:00,060 --> 00:46:03,650  
我们讲过去讲叫发怒怒发冲冠，是不是这理儿啊  
  
1199  
00:46:03,930 --> 00:46:06,770  
所以他需要用平冲的紫石英  
  
1200  
00:46:06,970 --> 00:46:08,490  
我经常临床上用紫石英  
  
1201  
00:46:09,130 --> 00:46:12,640  
呃，那个那个那个治冲脉胃病  
  
1202  
00:46:13,400 --> 00:46:15,970  
甚至我在临床上有一个，啧  
  
1203  
00:46:16,250 --> 00:46:19,830  
一个一个小小的那个，那个啥吧  
  
1204  
00:46:19,950 --> 00:46:20,510  
发挥吧  
  
1205  
00:46:20,910 --> 00:46:23,990  
呃，我学生都知道我在临床上我自拟了一张方  
  
1206  
00:46:24,070 --> 00:46:25,310  
其实这个不是我自拟方案  
  
1207  
00:46:25,830 --> 00:46:28,060  
但是我自己常这么用  
  
1208  
00:46:28,510 --> 00:46:31,310  
为了方便我最后给它起个名叫李冲汤  
  
1209  
00:46:31,390 --> 00:46:34,710  
我们知道理中理中吧中加个两点水叫李冲  
  
1210  
00:46:35,030 --> 00:46:35,750  
李冲是啥  
  
1211  
00:46:35,790 --> 00:46:36,950  
理中汤加紫石英  
  
1212  
00:46:37,910 --> 00:46:42,840  
紫石英加30，因为李忠本身就能平冲脉啊  
  
1213  
00:46:43,320 --> 00:46:46,480  
李忠本身就能温这个温冲脉，再加紫石英  
  
1214  
00:46:47,020 --> 00:46:49,220  
我拿它治冲脉胃病，效果非常好啊  
  
1215  
00:46:49,540 --> 00:46:51,900  
临床上常用，我几乎天天都用啊  
  
1216  
00:46:51,900 --> 00:46:53,500  
因为现在冲脉胃病的人特别多  
  
1217  
00:46:53,980 --> 00:46:54,900  
非常普遍  
  
1218  
00:46:55,320 --> 00:46:58,120  
呃，现在人都是过度的虚劳啊  
  
1219  
00:46:58,680 --> 00:46:59,400  
先天禀赋  
  
1220  
00:46:59,480 --> 00:47:02,200  
后天过劳，这个这个这伤于冲脉太多了啊  
  
1221  
00:47:02,740 --> 00:47:04,020  
呃，焦虑的啊  
  
1222  
00:47:05,420 --> 00:47:05,900  
特别多  
  
1223  
00:47:06,820 --> 00:47:07,100  
呃  
  
1224  
00:47:08,420 --> 00:47:10,300  
冲脉之政治呢，又跟太阴相同  
  
1225  
00:47:10,620 --> 00:47:12,060  
所以我取了一个太阴的处方  
  
1226  
00:47:12,540 --> 00:47:13,340  
理中嘛，对吧  
  
1227  
00:47:13,460 --> 00:47:14,500  
加上加上石英啊  
  
1228  
00:47:14,500 --> 00:47:15,660  
这是我常用的用法  
  
1229  
00:47:16,010 --> 00:47:16,890  
所以这个石英呢  
  
1230  
00:47:16,890 --> 00:47:20,050  
本身它能震肝魂肝不就是向上冲吗  
  
1231  
00:47:20,050 --> 00:47:20,850  
冲逆之象吗  
  
1232  
00:47:21,250 --> 00:47:22,050  
哎，镇肝魂  
  
1233  
00:47:23,220 --> 00:47:24,820  
呃，赤食指是赤色  
  
1234  
00:47:24,860 --> 00:47:25,780  
正常是入心  
  
1235  
00:47:25,900 --> 00:47:28,820  
但是在这呢，我们取一个象赤食指是土相  
  
1236  
00:47:29,480 --> 00:47:31,000  
而且打碎了之后又特别粘  
  
1237  
00:47:31,600 --> 00:47:32,440  
所以用它呢  
  
1238  
00:47:32,480 --> 00:47:34,520  
敛脾益啊，脸皮翼  
  
1239  
00:47:34,600 --> 00:47:37,370  
我在这就是给它归入那个五行之象  
  
1240  
00:47:37,370 --> 00:47:38,850  
寒水石就比较简单了  
  
1241  
00:47:39,130 --> 00:47:40,730  
寒者那个封藏之脏嘛  
  
1242  
00:47:40,730 --> 00:47:41,010  
对吧  
  
1243  
00:47:41,210 --> 00:47:42,090  
那肾脏嘛  
  
1244  
00:47:42,810 --> 00:47:45,370  
那么寒水时能入肾，因此在这里头呢  
  
1245  
00:47:45,370 --> 00:47:46,810  
肝心脾肺肾，你全能找着  
  
1246  
00:47:46,810 --> 00:47:47,490  
辛是谁啊  
  
1247  
00:47:47,770 --> 00:47:48,930  
桂甘龙母嘛，对吧  
  
1248  
00:47:49,450 --> 00:47:51,010  
龙母敛心神，呃  
  
1249  
00:47:51,850 --> 00:47:53,770  
都是寒药，那咋办  
  
1250  
00:47:54,090 --> 00:47:55,970  
得有反左的，得有干将啊  
  
1251  
00:47:56,250 --> 00:48:01,510  
这是他基本的一个处方的一个呃大的立法  
  
1252  
00:48:01,790 --> 00:48:02,790  
那么在临证上呢  
  
1253  
00:48:02,790 --> 00:48:04,830  
你但凡看到这个患者呢  
  
1254  
00:48:04,830 --> 00:48:06,190  
是风火相治之病  
  
1255  
00:48:06,310 --> 00:48:07,070  
整个脉呢  
  
1256  
00:48:07,150 --> 00:48:08,190  
洪硕啊  
  
1257  
00:48:08,230 --> 00:48:11,470  
迈向整个那个朔极而宏大，福大之象  
  
1258  
00:48:11,990 --> 00:48:12,270  
呃  
  
1259  
00:48:13,590 --> 00:48:15,230  
你就可以用相反脉  
  
1260  
00:48:15,230 --> 00:48:16,990  
只见风向你就用黑伞  
  
1261  
00:48:17,750 --> 00:48:18,790  
黑伞还偏于痰  
  
1262  
00:48:19,610 --> 00:48:20,650  
这个偏于热啊  
  
1263  
00:48:20,650 --> 00:48:22,730  
我在这一解释你就能区别开了  
  
1264  
00:48:22,930 --> 00:48:24,170  
那么它也能治高血压  
  
1265  
00:48:24,170 --> 00:48:27,050  
而而且能治那个足重突然之间的那个那个足重  
  
1266  
00:48:27,050 --> 00:48:28,290  
你把大黄用大点啊  
  
1267  
00:48:28,940 --> 00:48:32,300  
当然你看看他的那个两尺脉足不足啊  
  
1268  
00:48:32,660 --> 00:48:34,220  
尺脉微弱不可下啊  
  
1269  
00:48:34,420 --> 00:48:35,420  
注意这个问题啊  
  
1270  
00:48:35,420 --> 00:48:36,140  
要不出事  
  
1271  
00:48:37,280 --> 00:48:39,000  
呃，12味药怎么办呢  
  
1272  
00:48:39,600 --> 00:48:41,040  
倒除啊  
  
1273  
00:48:41,120 --> 00:48:43,680  
粗筛呃，围囊成汁啊  
  
1274  
00:48:43,680 --> 00:48:47,200  
就是就是你拿纱布包上就行，呃  
  
1275  
00:48:49,070 --> 00:48:50,630  
叫井花水3L  
  
1276  
00:48:52,310 --> 00:48:54,590  
井花水三声呃  
  
1277  
00:48:57,220 --> 00:48:58,700  
祝三肺温服一升  
  
1278  
00:49:00,330 --> 00:49:00,770  
这个呢  
  
1279  
00:49:00,770 --> 00:49:05,370  
就是我们讲的这个风饮汤啊  
  
1280  
00:49:06,630 --> 00:49:08,630  
后头还有一个防己地黄汤啊  
  
1281  
00:49:08,630 --> 00:49:10,110  
这个呢，留到下节课  
  
1282  
00:49:10,270 --> 00:49:10,950  
下节课呢  
  
1283  
00:49:11,150 --> 00:49:15,090  
连同这个中风的收尾，带力解病啊  
  
1284  
00:49:15,130 --> 00:49:17,370  
整个呢给大家都说完啊  
  
1285  
00:49:17,370 --> 00:49:20,330  
今天的课呢就先到这儿啊，好谢谢大家